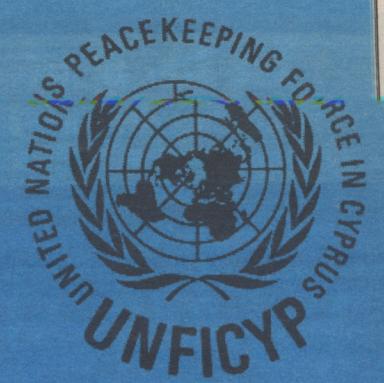


THE BLUE BERET

THE NEWSPAPER FOR CIVILIAN, MILITARY
AND POLICE PERSONNEL WITHIN UNFICYP



VOLUME NO 1

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WE WILL REMEMBER THEM

By Capt Vicki Walker

At 11.00 hours on 11 November, people across the world stood still in silence to remember those lost in wars and conflicts. The significance of the time and day was the anniversary of the moment the Armistice was signed in 1918 at the end of World War One. It is seen as a fitting tribute to those killed or injured in the service of their country.

The two-minute silence was first observed in 1919. Sir Percy Fitzpatrick, the father of a British soldier killed in France in 1917, wrote to the UK government to suggest that a silence should be observed to remember those who had sacrificed their lives for their countries. Sir Percy had been impressed by a one-minute silence in his local church in South Africa in 1916 after the names of casualties had been read out and thought that this should be extended across the nations. King George V agreed and a request for the silence was disseminated throughout the country via the media. A commemorative ceremony was held every year up until 1938.

After 1945, people decided it would be more appropriate to hold the ceremony on a Sunday. Since then, the second Sunday of November has been known as Remembrance Sunday. If 11 November falls on a day other than a Sunday, a two-minute silence is observed twice.

At Wayne's Keep, the Military Cemetery in

Sector 2, the British and Dutch held a ceremony on Sunday 14 November. Veterans from previous conflicts arrived and mixed with those serving today to remember those who could not be there. A service was conducted by Reverend P J McCormack and Reverend F Duivenvoorde, the Sector 2 Chaplains.

It would have been impossible to remain unmoved by the occasion, in front of the memorial, surrounded by crosses marking out the graves of those fallen over the years. The band of the Royal Logistic Corps provided the musical accompaniment for the hymns. The bugler sounded "The Last Post" as everyone observed the silence, watched by the sentries on a local observation post.

Wreaths were laid by Australia, Canada, France, Germany, Greece, India, Ireland, Italy, Netherlands, Russian Federation, UK and US. Additional wreaths were laid by the Cyprus Veterans' Association, Royal Air Force Association, Royal British Legion and the Special Forces' Association.

After the service, Sector 2 laid on a curry lunch at Wolseley Barracks, providing an opportunity for veterans to meet up with old comrades, and for younger members of the gathering to sit amazed and humbled by the stories these men and women had to tell.



CROWD CONTROL TRAINING FOR THE NEW SECTOR 2 SOLDIERS

By Sgt Col Speedie

Early November saw United Nations Training Advisory Team UNTAT deploy to Tern Hill in Shropshire, UK, to provide UNFICYP training for the new Sector 2 personnel - both British and Dutch.

On the team were two members of UNCIVPOL - Sgt Darryl Jeffrey and myself. We're both defensive skills instructors at the Australian Federal Police College, and it was our job to train our new military colleagues in crowd control and defensive skills - civilian police style.

The programme was divided into two phases. The first consisted of theory and demonstration. This took place in a converted aircraft hangar at Tern Hill, with the final exercise being held outdoors in the sort of wet, grey weather that Britain is so good at providing in November.

Still, the weather did nothing to dampen the enthusiasm of the role

players. In the true spirit of "If you're going to do a job, then do it well," the demonstrating crowd literally "threw" themselves into their role with much gusto and determination.

Rising to the challenge with equal determination were those in the line who refused to give up and responded with great vigour. Thankfully, due to the high degree of professionalism and control by the individual section commanders, there were no serious injuries and everyone appeared to enjoy themselves very much, as well as developing their skills in tolerance in a crowd control situation.

The training focused on fostering restraint and cultural awareness, which in a peacekeeping role is extremely important. All the trainees were very receptive to this, and I was impressed by the way in which they conducted themselves throughout the course.



A rainy day in Shropshire

INSIDE: BB TIPS - NEWS - PEOPLE - REAL LIFE - CLASSIFIED - SPORT

THE BLUE BERET

The newspaper for UNFICYP's
civilian, military and police
personnel

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Articles of general interest are invited from all members of the Force. Photographs, together with captions, should accompany the articles.

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QUOTATIONS

Nobody has a more sacred obligation to obey the law than those that make the law.

Sophocles

You must remember that some things that are *legally* right are not *morally* right.

Abraham Lincoln

Let the welfare of the people be the supreme law.

Cicero

In March, UNFICYP launched a new experiment: the publication of a fortnightly magazine for all personnel. This new-look Blue Beret has, over the past nine months, featured hundreds of articles and photos by people from all over UNFICYP.

We, the editorial team, would like to take this opportunity to thank everyone who has contributed to the Blue Beret newspaper.

We would also like to announce that this is the last Blue Beret you will read in newspaper format. At the beginning of next year, UNFICYP will welcome the dawn of the next millennium with a new magazine.

We are aware that many of you, particularly those of you who are only here in Cyprus for a short time, like to have souvenirs to take home with you. The new Blue Beret will provide you with pictures commemorating events such as medal parades and national days. But it will also contain pages of news and sports, interviews with members of the Force, cartoons, and articles focussing on the day-to-day realities of life with UNFICYP.

But if Blue Beret 2000 is to work, we need your support. If you have any ideas or views about what you would like to see in the Blue Beret (bearing in mind that it is a UN publication!) please contact the PI Office at UNFICYP HQ, extension 4409.

Sarah Russell
Paul Kolken
Miriam Taylor

En marzo, UNFICYP lanzó un nuevo experimento: la publicación de un diario para todo el personal. Esta nueva imagen de BB, ha presentado a lo largo de los últimos nueve meses cientos de artículos y fotos de personal a lo largo de toda la misión.

A nosotros, el equipo editor, nos gustaría aprovechar esta oportunidad para agradecer a todos aquellos que han contribuido con el diario BB.

También nos gustaría anunciarles que éste es el último ejemplar de BB que leerán en formato de diario. Al iniciar el próximo año, UNFICYP dará la bienvenida al próximo milenio con una nueva revista.

Queremos avisarles a muchos de ustedes, particularmente a aquellos que solo están en Chipre por poco tiempo, que pueden llevarse un souvenir a casa. La nueva BB traerá fotos con eventos importantes como las entregas de medallas y la conmemoración de las fechas nacionales. También contendrá páginas de noticias, deportes, reportajes a los miembros de la fuerza, chistes y artículos dedicados a la actividades diarias de UNFICYP.

Para que BB 2000 funcione bien, necesitamos de su apoyo. Si tienes alguna idea o te gustaría opinar acerca de lo que querías ver en BB (teniendo en cuenta que es una publicación de NU), llamanos a la oficina de prensa en el HQ de UNFICYP, interno 4409.

Sarah Russell
Paul Kolken
Miriam Taylor

Im März dieses Jahres hat man bei UNFICYP ein neues Projekt, die Veröffentlichung einer 14 tägigen Zeitung für alle Angehörigen, gestartet. Dieses "New Look Blue Beret" hat in den letzten neun Monaten hunderte Artikel und Fotos von Leuten von ganz UNFICYP veröffentlicht.

Das Editorial möchte diese Gelegenheit nutzen jedem der diese Arbeit unterstützt hat auf diesem Wege zu danken.

Außerdem wollen wir darauf hinweisen, daß dies die letzte Ausgabe des Blue Beret in Zeitungsform sein wird. Anfang nächsten Jahres, sozusagen an der Dämmerung des neuen Jahrtausends, wird UNFICYP dieses mit einem neuen Magazin willkommen heißen.

Wir wissen das viele von ihnen, besonders jene die nur für kurze Zeit bei UNFICYP dienst versehen, ein Souvenir mit nach Hause nehmen wollen. Das neue Blue Beret wird sie an viele

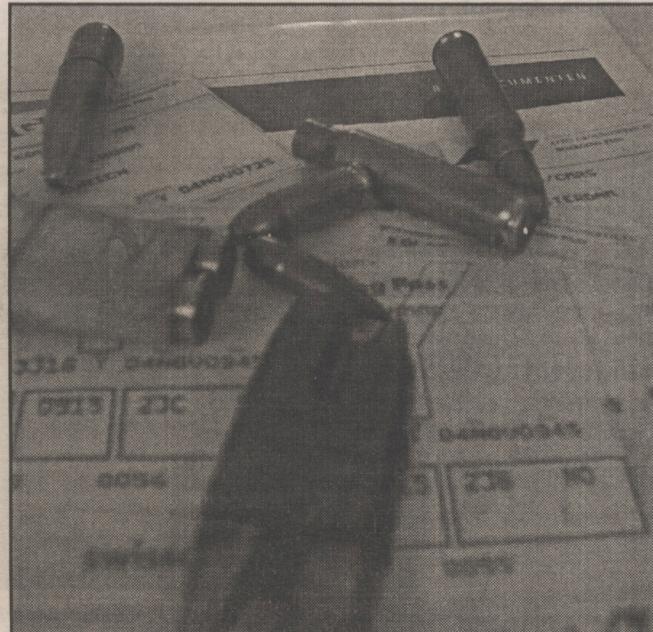
Veranstaltungen wie Medal Parades, Nationalfeiertagen etc. mit vielen Bildern erinnern, aber es wird auch Artikel über Sportveranstaltungen, Nachrichten, Interviews mit UNFICYP Angehörigen und über alltägliches enthalten.

Wenn das Blue Beret 2000 gut funktionieren soll hoffen wir auf ihre Unterstützung. Wenn sie irgendwelche Ideen oder Ansichten für diese neue Form des Blue Beret haben, kontaktieren sie bitte das Press Office, Nebenstelle 4409.

Sarah Russell
Paul Kolken
Miriam Taylor

BB TIPS: HAZARDOUS ITEMS

By the Force Air Safety Officer



Don't put dangerous items in your luggage

When you pack to go home at the end of your tour, remember that there are certain items you will not be allowed to take with you. Some because of customs regulations, other items because of flight safety regulations. For a complete list, you can ring the Force Air Safety Officer at extension 4794, or Mr Richard Dellar of the Traffic Unit at extension 4456.

The following banned items are those most commonly found on UN personnel returning to their home countries:

Matches	Fireworks
Ammunition	Bayonets
Hair spray	Aerosol deodorants
Cigarette lighters	Cleaning solvents
Lighter fluids	Propane tanks
WD-40	
Carbon dioxide cartridges	
Oxygen tanks (scuba or medical)	
Knives with a blade length exceeding 10.2cm - particularly switchblades	

Wanneer je je tas inpakt, klaar om aan het einde van je uitzending naar huis te vertrekken, denk er dan aan dat je sommige artikelen niet mag inpakken. Sommige in verband met douanebepalingen. Andere in verband met vliegveiligheidsbepalingen. Voor een volledige lijst kun je je wenden tot de Force Air Safety Officer op nummer 4794, of tot Mr Richard Dellar op nummer 4456.

Van de artikelen die bij vertrekkend VN-personnel worden gevonden, zijn de volgende de meest voorkomende:

Lucifers	Vuurwerk
Munitie	Bajonetten
Deodorant verstuivers	Haarspray
Kooldioxide patronen	Zuurstoffanks
Propaan tanks	WD-40
Oplosmiddelen	Aanstekers
Brandbare vloeistoffen	
Messen langer dan 10.2cm, met name valmessen	

HELLO AND GOODBYE AT SECTOR I

On 16 November, Argentine Task Force (ATF) 13 handed over to ATF 14, and a crowd of new faces appeared in Sector 1.

During a moving military parade Lt Col Mujica, who had served as Commander of Sector I for a year, handed over responsibility for the sector to Lt Col Catuzzi.

The parade was headed by the UNFICYP Force Commander, Major General Evergisto de Vergara. It was attended by both incoming and outgoing personnel, who listened to a short speech from Lt Col Mujica. He outlined all the events of the past year, and encouraged the newcomers to do their best to keep up the work that

he and his soldiers and officers had been carrying out.

Finally, at the end of the parade, it was time to say goodbye. The leavers were happy, of course, to be going home to see their families again after six long months. But there was also an air of sadness at leaving Cyprus and all the friendly people from the UN and from the island they have met.

ATF 13 says goodbye to all its friends, wishing everybody peace and prosperity at Christmas and in the new year. ATF 14 is grateful for the warm welcome it has been given, and hopes to serve UNFICYP as well as its predecessors have done.

El 16 de noviembre se produjo la entrega y recepción del Sector I por parte de la FT Argentina 13 a la FT 14.

En una emotiva ceremonia el Tte. Cnel Mujica, luego de permanecer un año como Comandante del Sector 1, hizo entrega del comando al nuevo Comandante, Tte. Cnel. Catuzzi.

Presidió la formación el Comandante de UNFICYP, General Evergisto de Vergara y estuvieron presentes las planas mayores entrantes y salientes e integrantes de las distintas Sub unidades componentes.

En una breve alocución, el Comandante saliente hizo un repaso de las actividades realizadas durante su gestión e instó a los integrantes de la nueva FT a mantener el alto nivel

operativo alcanzado.

Una vez finalizada la misma llegó el momento de la despedida y con ella la alegría del futuro reencuentro con los seres queridos en Argentina, pero a la vez la tristeza de dejar esta hermosa isla en la cual la FT 13 pasó agradables momentos trabajando junto a diferentes miembros de la UN y la población.

La FT 13 se despide de todos sus amigos de las UN deseándoles a todos paz y prosperidad para las próximas Navidades y Año Nuevo.

Por su parte, la FT 14 agradece la afectuosa bienvenida dispensada y espera poder servir bajo los mandatos de la UNFICYP con el mismo nivel y responsabilidad de los que nos precedieron.

LT COL A R CATUZZI: NEW CO SECTOR 1

Lt Col Abel Raul Catuzzi took over as Commander of the Argentine Task Force 14 (Sector 1) on 16 November.

He joined the Military Academy in 1971 and became a 2/Lt of the cavalry branch. His first assignment was in the 6th Armoured Cavalry Regiment as a platoon leader. He has had many jobs in cavalry units during his military career and was awarded the title of Equestrian Master in the Cavalry School. In 1991 he joined the Command and Staff School in Fort Leavenworth (USA) and graduated as a US Army Staff Officer. UNFICYP is his first peace-keeping mission.



Lt Col Catuzzi is married and has two daughters and one son. He is a keen follower of equestrian sports and, we hear, an excellent polo player.

UN NUEVO COMANDANTE EN EL SECTOR 1 TENIENTE CORONEL A R CATUZZI

El Teniente Coronel Abel Raul Catuzzi asumió el Comando del Sector 1 el pasado 16 de Noviembre.

Ingresó al Colegio Militar de la Nación en 1971 y egresó como Subteniente del Arma de Caballería en 1974. Su primer destino fue el entonces Regimiento de Caballería Blindada 6, donde se desempeñó como Jefe de Sección.

A lo largo de su carrera ha desempeñado funciones en diversas

Unidades de Caballería. Ostenta el título de Maestro de Equitación. En 1991 cursó la Escuela de Comando y Estado Mayor de Fort Leavenworth (Estados Unidos de Norte América), graduándose como Oficial de Estado Mayor del Ejército de los Estados Unidos. Esta es su primera participación en misiones de Paz.

Es casado y tiene dos hijas y un hijo. Es un apasionado de los deportes ecuestres, destacándose en el polo.

AND THE BAND PLAYED ON



At rotation time in Sector 1, our military bands once again raised both spirits and emotions, with military marches and popular Argentinian melodies.

The outgoing band played while the second part of the outgoing contingent left San Martin Camp on the first leg of its journey back to Argentina.

But then the incoming band took over, to bid the band itself goodbye, and to show the new troops serving in Sector 1 that they will have music wherever they go.

CHILDREN AT WAR

Small arms kill two million kids

In the past ten years, small arms (revolvers, sub-machine guns, grenades, anti-personnel mines, etc) have killed two million children and disabled at least another four million worldwide.

According to UNICEF, small arms have been the weapons of choice in 46 out of the 49 conflicts that have broken out since 1990. In these conflicts, twelve million children have lost their homes and one million have been separated from their parents.

Child soldiers

Even more sobering: during the past decade more than 300,000 children have participated in more than 30 armed conflicts around the world. The conflict in Sierra Leone, for example, is estimated to have involved more than 10,000 under-18s.

Children have also fought in Afghanistan, Cambodia, Sri Lanka and many other places.

Children usually end up fighting because they have to. Their parents, driven by hunger and poverty, may offer them up for duty to relieve pressure on the family's resources. Or they may simply be abducted. In Uganda, where a Kalashnikov costs the same price as a chicken, the Lord's Resistance Army has taken at least 5,000 children since 1995. *What is the UN doing?*

This summer, the Security Council unanimously adopted a resolution condemning the targeting of children in situations of conflict, including killing, maiming, sexual violence, and recruitment.

UNICEF is running a campaign to disarm, demobilise, rehabilitate, and reintegrate children into society. As part of that campaign, an exhibition, "Taking aim at small arms" is currently on display in New York and will go on international tour in January 2000.

Y LA BANDA SIGUIÓ TOCANDO

Una vez más, y como en muchas oportunidades, el Bandín de la FT 13 sigue levantando el espíritu y los corazones al ritmo de sus marchas.

En este caso, y con motivo de la despedida del segundo vuelo de relevo, el Bandín acompañó hasta altas horas de la noche (y de la madrugada para pesar de los nuevos inter-

grantes), los últimos momentos en Campo San Martín del personal del segundo vuelo de la FT 13. En la ocasión, no sólo se escucharon marchas militares, sino también una gran variedad de ritmos populares que hicieron el deleite de los despedidos. Es de esperar, que en el próximo y último vuelo de relevo, sean ellos los

despedidos con el mismo entusiasmo por el nuevo Bandín.

Las bandas militares hoy como en tiempos remotos de la historia militar, siguen prestando su apoyo espiritual a las tropas de línea, que al escuchar los sonidos de una marcha rememoran en sus corazones la gloria de ser militar.

BRIEF OUTLINE OF UN PEACEKEEPING MISSIONS CURRENTLY IN OPERATION

UNTSO

June 1948 - present

UN Truce Supervision Organisation

Security Council calls for halt in Arab-Israeli war and establishes first UN peacekeeping operation. UNTSO military observers remain in region to monitor ceasefires, supervise armistice agreements, prevent isolated incidents from escalating and assist subsequent peacekeeping operations.

UNMOGIP

January 1949 - present

UN Military Observer Group in India and Pakistan

Fighting between India and Pakistan over State of Jammu and Kashmir. Security Council sets up Commission and sends military observers to supervise agreed ceasefire line. Since renewed hostilities in 1971, UNMOGIP monitors ceasefire called for by Security Council.

UNDOF

June 1974 - present

UN Disengagement Observer Force

Uneasy truce on the Golan Heights after 1973 war is replaced by agreed disengagement of Israeli and Syrian forces. Security Council establishes UNDOF to supervise implementation of agreement and maintain ceasefire.

UNFICYP

March 1964 - present

UN Peacekeeping Force in Cyprus

Security Council sets up UNFICYP in 1964 to prevent further fighting between Greek Cypriot and Turkish Cypriot communities and to contribute to maintenance of law and order and a return to normal conditions. Turkish military intervention on heels of 1974 coup by members of Greek Cypriot National Guard leaves island divided. UNFICYP remains to supervise ceasefire lines, maintain buffer zone and undertake humanitarian activities.

UNIFIL

March 1978 - present

UN Interim Force in Lebanon

(replaced UNOGIL, the UN Observation Group in Lebanon, June 1958 - Dec 1958)

Israel invades southern Lebanon in retaliation for Palestine Liberation Organisation (PLO) raid launched from Lebanese territory. Security Council creates UNIFIL to confirm Israeli withdrawal from Lebanon, restore international peace and security and help Lebanese Government restore its effective authority in area. UNIFIL's full deployment is blocked when Israel hands over part of area to Lebanese de facto forces. Israel invades again in 1982 and, after partial withdrawal, retains control over part of southern Lebanon. UNIFIL strives to prevent hostilities and protect civilians caught in fighting.

UNIKOM

April 1991 - present

UN Iraq-Kuwait Observer Mission

After suspension of hostilities undertaken by coalition of UN Member States to reverse Iraq's invasion of Kuwait and restore peace and security in region, Security Council establishes UNIKOM in 1991 to monitor demilitarised zone along Iraq-Kuwait border, deter border violations and report on any hostile action.



MINURSO

September 1991 - present

UN Mission for the Referendum in Western Sahara

In 1988, Morocco's Government and Frente Popular para la Liberación de Saguia el-Hamra y de Rio de Oro (POLISARIO) agree on plan leading to referendum allowing people of Western Sahara to decide territory's political future. MINURSO deploys to implement ceasefire and organise and conduct referendum. Differences over key elements delay plan's implementation; ceasefire remains in effect. UN begins identifying potential voters in August 1994 but suspends process in May 1996. In October 1997, following talks between parties under auspices of Secretary-General's Special Envoy, MINURSO proceeds with identification process.

UNOMIG

August 1993 - present

UN Observer Mission in Georgia

Abkhaz separatists attempt to secede from Georgia. Fighting erupts in 1992 as Government troops try to secure rail and communications links. UNOMIG is set up to verify 1993 ceasefire, but suspends deployment when ceasefire breaks down in May 1994. Commonwealth of Independent States deploys peacekeeping force. Expanded UNOMIG observes operation of CIS force and implementation of ceasefire.

UNMOT

December 1994 - present

UN Mission of Observers in Tajikistan

Tajikistan is destabilised by civil war. From 1992, UN pursues good offices between Government and United Tajik Opposition. Commonwealth of Independent States deploy as peacekeeping force. UNMOT monitors ceasefire and maintains liaison with CIS force. Parties sign general peace agreement in June 1997 and UNMOT is expanded to help monitor implementation.

UNPREDEP

March 1995 - present

UN Preventive Deployment Force

UNPREDEP replaces UNPROFOR in former Yugoslav Republic of Macedonia. Monitors developments in areas along borders with Federal Republic of Yugoslavia and Albania which could undermine country's stability, and promotes inter-ethnic dialogue within country.

UNMIBH

December 1995 - present

UN Mission in Bosnia and Herzegovina

In December 1995, General Framework Agreement is signed, UNPROFOR withdraws and NATO-led force (IFOR) is deployed. UNMIBH helps implement Agreement by coordinating UN activities related to humanitarian relief, demining, human rights, elections and rehabilitation of infrastructure. UNMIBH cooperates with IFOR and its successor SFOR. UNMIBH's Police Task Force monitors law enforcement.

UNMOP

January 1996 - present

UN Mission of Observers in Prevlaka

UNMOP continues monitoring demilitarisation of Prevlaka peninsula, a strategic area in southern Croatia bordering Federal Republic of Yugoslavia. This task was begun by UNPROFOR in October 1992 and carried on by UNCRO from 1995 to 1996.

UN CIVILIAN POLICE SUPPORT GROUP

January 1998 - present

After the withdrawal of UNTAES (the UN Transitional Administration for Eastern Slavonia, Baranja and Western Sirmium), the Security Council deploys the Group to continue monitoring the performance of the Croatian police in the Danube region, particularly with respect to the return of displaced persons.

MINURCA

April 1998 - present

UN Mission in the Central African Republic

In 1996, Central African Republic is shaken by mutinies in army. In January 1997, after four African presidents mediate truce, parties sign Bangui Agreements, and inter-African force (MISAB) deploys to monitor implementation. MINURCA takes over from MISAB to assist in maintaining security and stability, monitor final disposition of weapons retrieved in disarmament exercise and provide advice on restructuring national police and on election plans.

UNOMSIL

July 1998 - present

UN Observer Mission in Sierra Leone

Ongoing unrest culminates in May 1997 military coup overthrowing democratically elected government. Subsequent intervention by Economic Community of West African States and its peacekeeping force restores elected government in March 1998. UNOMSIL is set up to monitor the country's military and security situation and disarmament and demobilisation in secure areas.

PEOPLE

Military Policeman No 3

By Lt Stephanie Gras-Ficq

This time we're going to introduce you to our first real patrolman. The last two officers, who were both station commanders, were people with great qualities and lots of experience, but our third policeman is really someone special.



And that's not just because he's a military policeman working on the street night and day in extreme conditions.

MSgt Zoltan Zubor is one of six Hungarian military policemen serving with UNFICYP. Now it's unusual enough to find a Hungarian military policeman - there are very few of them in comparison with some armies (but then some have none at all). So it's

quite something to find so many in one multinational military police unit.

Zoltan was born in the capital of Hungary, Budapest, on 28 December 1971 and turned out to be a healthy and intelligent boy. In due course he got married and had a daughter, Vivien, who's four years old.

Zoltan joined the army in 1989 as a professional soldier in the military school. In 1991 he ended this as an infantry sergeant and was posted at the 20th Aulich Lajos military police battalion (an excellent start to his career). Here he did normal police work (similar to his current work within FMPU) and had close protection tasks. In 1992, because there was a lack of officers and because he had such good records as a policeman, Zoltan, although "only" a sergeant, became a platoon commander within this battalion. From 1994 he was posted at the military recreational centre at Lake Balaton where he took care of all the police - and security tasks for both military and civilian guests.

But now comes the most exciting part; his hobbies. He doesn't only like to go out fishing, or play football but spends a lot of his spare time, not only at home but here in Cyprus too, in the kitchen.

Many of you will have already sampled his gorgeous goulash at IPC parties. People always come back wanting more, so here's Zoltan's secret (or sacred?) recipe:

"GOULASH - BABGUYYAS"

Ingredients:

- 2kg stewing beef, cubed
- 1kg smoked ham (pork)
- 1kg carrots, cubed
- 3 large cloves of garlic
- 500g dry red (kidney) beans
- 500g onions, sliced
- 1 bunch parsley, chopped
- 3 tomatoes, chopped
- 3 green peppers, chopped
- 1 egg
- 200g flour
- Salt/ black pepper/red pepper/bay leaf/caraway seeds
- oil

Preparation:

- Soak the beans for eight hours in water.
- Heat oil in a large pan, add onions and stir until browned, then add the red pepper and a little water ($\frac{1}{2}$ glass). Add the cubed beef, together with the green peppers and tomatoes (and extra water, if necessary). Leave to simmer for approximately two hours.
- In another pan, cover the ham with water, add the bay leaves, garlic, one onion and salt, bring to the boil and allow to simmer until the ham is done (about two hours). Then remove ham from the pan and allow to cool.

Meanwhile, mix the egg, flour and salt to a paste (*csipetke*) and form into small balls ($\frac{1}{2}$ cm diameter) with your hands.

- Take the liquid from the cooked ham and mix into the pot of beef stew.
- Finally, add the red beans to the pot and continue to simmer for approximately one hour.
- Cut the cooked ham and carrots into cubes and put them in the pot, together with the caraway seeds, black pepper and bay leaves.
- Ten minutes before serving, add the *csipetke* balls and parsley.

Serve with bread and hot pepper
Serves 10

"Jó étvágyat"



Zoltan in his favourite place - the kitchen

62nd Australian Contingent arrives

By Sgt Michelle Lomas-Travers



Supt Andy Bassett (second from left) briefing UNCIVPOL officers for a rally

Mid-November saw the arrival of a new Australian Contingent. The 62nd contingent consists of 10 members who have already commenced duty throughout the seven police stations throughout the island.

Several members have taken leading roles including Supt

Steve Polden and Supt Andy Bassett. Supt Polden is the new UN Liaison Officer (Police) who was also in Cyprus in 1996, and Supt Andy Bassett has taken the position of team leader in Sector 1. Both members are long serving officers with the Australian Federal Police.

Like the rest of the contingent,

all members have had to adapt to UN civilian policing rather quickly, due to the recent rallies and because of the hunting season that is currently in full swing.

This is the last UNCIVPOL change-over for this century, and all members are looking forward to entering the new millennium in Cyprus.

THE DUTCH LIVE IT UP IN SECTOR 2



Just before the Dutch soldiers of the 13 Air Defence Battery rotate back to the Netherlands, they invited their peacekeeping colleagues and families to join them in their farewell party. For two evenings in a row, to ensure all soldiers serving on the green line could attend, there was music, dance and laughter.

By now, their international friends know exactly what the Dutch mean by a "Dutch treat".

IMPROVED LANGUAGE SKILLS EASES INTEGRATION

By Capt Alberto Reyes

Thanks to English teacher, Maria Cecilia del Alba, 21 members of the MFR and one member of the FMPU are now ready to take the Level 1 English test at the Argentinian Army Languages Institute.

The course lasted from April to November. The aim was to better equip Argentinian personnel to communicate with their colleagues, and to help them take advantage of this once in a lifetime opportunity to become culturally, socially, and professionally integrated with people from other countries.

Participation in the course was totally voluntary and soldiers used their free time so that classes didn't get in the way of their duties. Their five-month commitment to the course (which is a very challenging one), and their willingness to give up their leisure time, is a source of great pride to their Argentinian military colleagues. We applaud them for their efforts - and hope they will keep practising their new language skills when they get home to Argentina.



El pasado 1º de noviembre de 1999, finalizó el Curso de Inglés, que durante cinco meses de su Misión en UNFICYP, tomaron 21 hombres pertenecientes a la MFR y uno de la FPM.

Dicho curso se desarrolló entre los meses de abril y noviembre, con la finalidad de proporcionar al personal argentino la posibilidad de integrarse personal y profesionalmente, con sus compañeros de tareas de otras nacionalidades y asimismo, prepararlos para rendir el examen de inglés, de nivel 2, en el Instituto de Idiomas del Ejército Argentino,

a su regreso al país.

La enseñanza estuvo a cargo de la profesora de Inglés María Cecilia del Alba, quien a pesar de ser mexicana, vive en Chipre desde hace diez años.

Cabe destacar, que la participación del mencionado personal, fue totalmente voluntaria y que para ello, debieron utilizar su tiempo de descanso, ya que debieron tomar sus clases sin perjuicio de sus funciones. Este hecho pone de manifiesto, una vez más, el espíritu de superación e integración profesional del Militar Argentino, como

así también las oportunidades, tal vez únicas, que se le presentan al personal que integra las Misiones de Paz.

Con la satisfacción del deber cumplido en forma silenciosa, como es habitual en el soldado, se llevó a cabo la entrega de los respectivos diplomas, en el marco de una sencilla recepción efectuada en el domicilio particular de la Profesora, Sra María Cecilia del Alba.

Para todos ellos, el más sincero reconocimiento y felicitaciones por el gran esfuerzo realizado.

FIRE ! FIRE ! FIRE !

By Fire Officer Paul Nadeem

A recent fire in a room at Ortona Troop is a timely reminder to us all how easy it is for a fire to break out. Fortunately, a neighbour's keen sense of smell detected the burning in Ortona, and got a message out to the UNFICYP fire crew. But before we could get there, the fire had snaked through the room, leaving just thick black smoke and burnt personal belongings.

If it hadn't been for Gnr Billing's swift reaction, we could have been dealing with something even more serious. So here are some tips to avoid fire breaking out in accommodation blocks

DO:

- * Check all your electrical appliances and fixtures at least monthly. If there's something even a little bit cracked, get it fixed.
- * When you leave a room, turn off electric and gas equipment - especially heaters.

- * Check your area of responsibility to ensure that there is nothing combustible left exposed to the elements.
- * Check that fire/smoke alarms are fitted to ceilings and covered (wall alarms and uncovered alarms can be up to 50 per cent less effective).
- * Keep all computers on tables.
- * Read the fire and earthquake drills.

DON'T:

- * Use two-pin plugs in three-pin sockets without an adaptor. This is a major hazard.
- * Let electric leads trail across the floor where people walk.
- * Use extension leads or decorative electric lights in accommodation rooms.
- * Smoke outside designated smoking areas.

For more information, contact UNFICYP Fire HQ ext 4453/4.



THE LETTER THAT BROUGHT DEATH

The smell of gas lingered in the little cottage when Inspector Carter arrived at the sleepy village of Melsbury. "No doubt that John Hayes killed himself," said the local sergeant, glancing down at the sheet-covered corpse. "No doubt why, either - we found this letter in his right hand." Carter looked at the message scrawled in green ink on the torn exercise-book page. It accused the dead man of having a police record and threatened to expose him. "There's been a plague of those things in the last six months," the sergeant explained. "Some of the accusations were pretty wild, but this was right enough - I checked with Scotland Yard records.

"Before he came to teach here, Hayes served a short sentence for theft... but that was over 30 years ago, and he's been a model citizen ever since."

From the dead schoolmaster's wife, Carter learned that the letter had arrived with the afternoon post. "I was on my way out shopping," she explained. "John was deathly pale - in the hall, reading something. I asked what was wrong, but he just went into his study. When I came home, he was dead."

From the wastepaper basket, Sergeant Graham extracted an envelope. "Green ink - same as the letter, sir," he said. "Franked by the local post office at 2 pm today."

Violet Manning, the postmistress, was a thin, grey-haired woman who remembered the envelope well. "When I saw it, I knew poor Mr



One item in this drawing will help you solve the mystery

Hayes must be going to get one of those nasty letters... green ink, you see Inspector. There must have been 20 of them through here in the last few months, and they all turned out the same."

But Ms Manning could tell them little about

the letter that had been delivered to John Hayes. "It must have been posted before 1.30 pm - that's the collection time in the Mill Lane box. It arrived here about 2 pm and went out on the afternoon local delivery." But although Mill Lane was a lonely place, Ms Manning did turn out to have a theory. "I'm something of an amateur detective," she confessed. "So a lot of people who received letters wanted me to read them. They were rather amused about these secrets from past - and they weren't all true."

But who could have found out about Colonel Mercer's little romance, or poor Mr Hayes' brush with the law long ago, or Ms Sainsbury's curious past? "The prime suspect," she confided to Carter, "was Mrs Carrington, the wife of the local doctor who had died about six months previously. She could have read his files and found out almost everything about people in the village," said Ms Manning. "What's more, she comes in to buy exercise books every so often, and last time she was here, I happened to notice that her right hand was stained with green ink."

When Graham heard that the widow lived in Mill Lane, even his sceptical eyebrow lifted half an inch. But Carter had other ideas.

"I think we'll ask Ms Manning a few more questions," he said softly. "It's my bet that she wrote all those letters."

Why did Inspector Carter say that?
(Solution can be found on page 7 of this issue)

CLASSIFIED

ITEMS FOR SALE

CARS FOR SALE

Honda Civic 1993-94, 1,500 cc, 16v, a/c, p/s, e/w, central locking, duty paid, £3,700 ONO. Tel: (02) 778860 or 772781.

Honda CRX Del Sol, 1994, 40,000 km, red 2-seater convertible w/hard top, power exhaust/twin carburetor, new tyres, CD player. **FREE** Peterson 50cc scooter with car. Tel: (02) 864500.

Mitsubishi Gallant, 1990, 1750cc automatic with power overdrive, a/c, p/s, c/l, radio cassette, 67,000 km, good condition. £1,750. Tel: (02) 864-441.

Rover 600, metallic gold, 4-door saloon, EMN registration, excellent condition, 63,000 km, duty paid, £10,000 ono. Tel: (02) 353266 any time.

Mitsubishi Galant saloon (red), 1983, very good condition (many renewed items: brakes, tyres, etc), £1,000. Tel: +43-664-330.27.81 (Alex) or (03) 821463 (Capt. Holzer).

Opel Astra 1.4, 1996, 19,000 km. Dark red, a/c, c/l, automatic doors, very good condition. Price: £4,500. Tel: (02) 590941 or 357619.

Toyota RAV4, 5 doors, 1996, 54,000 km, 2.0 litres, 95 PK, injection, e/w, p/s, a/c, 4-w/d, dark green, new tyres, excellent condition. £6,995 ONO. Tel: (02) 469677 (O) or (02) 623920 (H).

OTHER ITEMS FOR SALE
Gold Star TV: £60, Hoover washing machine: £150. Tel: (02) 864500.

Small white table: £6, two brown coffee tables: £3 each, Billiard table (3 years old): £400. Tel: (02) 778860.

For items below, please call Shane Smith on (09) 684956.

* **4-piece bar**, black (2 wall units; bar with wooden top; top with light; 5 stools) + 1 large and 2 small black tables with glass tops. All for £450. Tel: (09) 684956 any time.

* **Queen-size bed**, white (including mattress) with matching bedside tables, large dressing table with mirror and stool. All for £400.

* **Keyboard** Korg Poly 800II; Yamaha DX27 digital programmable algorithm synthesizer; Peavey KB15 portable keyboard amplification system; Stand and various accessories included. All for £250.

All items can be delivered.

Washing machine, large load, £120. Tel: Ann on (02) 864402.

Firewood for sale. Home delivery. Tel: (02) 777422 or (09) 678812.

French-fry eating cat (neutered) looking for a home. All vet. documents provided. Owner leaving Cyprus. Tel: (02) 376544.

Bunk beds (Danish made, as new) with mattresses and ladder: £245. **Double bed** (Danish-made, wooden) with two mattresses and side table: £95. **Electric heater**: £15. Tel: (09) 607007 or (04) 642168.

Bargain Prices! Children's clothes from birth to four years, summer and winter, from only 20 cents to £5. Also play mats,

play pen, sterilizer, bouncy chair, etc. Tel: (02) 670600 from 0730 to 1530 or 351349 after 1600 hrs.

WANTED

Motorcycle Helmet for female rider. Please call (09) 852414.

ITEMS FOR HIRE

HIVE ITEMS FOR HIRE

The NICOSIA HIVE operates a comprehensive loan store. Items available are: VAX machine, child's car seats, pushchairs, backpacks, high chair, travel cots, children's toys and bikes, cool boxes, sun loungers, golf clubs, radio/cassette players, BBQ, etc. Call the HIVE to check availability.

DISCO FOR HIRE

The UNPA WOs' & Sgts' Mess (The Vic Club) has upgraded its disco equipment to a high standard. This is available for hire for functions etc. The cost of hire is now £50.00 per event. Two DJs are also available and separate arrangements should be made with either DJ regarding fees. Bookings for the disco should be made through the PMC, WO2 Miller on (02) 359760 ext 126 (W) at least seven days in advance.

HAVING A PARTY?

The Youth Club is now available for hire. Many facilities including new disco equipment and lights, barbecue and plenty of space! Contact Pam on (02) 359112 for more details.

PROPERTY TO LET

Flat in Strovolos, 3 bedrooms, 2 WCs, large sitting area, verandahs, c/h, a/c, parking space, £290. Tel: (09) 443422. Flat in Makedonitissa, very near UNPA. 3 bedrooms, living room, dining room, sitting room, kitchen, fully a/c with storage heating. £300 Tel: (02) 350896.

New large house in Ayios Andreas area. 4 bedrooms, one with shower and a/c, hall, sitting room, dining room with a/c, large oak kitchen with electric oven, etc, two garages, c/h and solar water heater. £550. Tel: (02) 781477 any time.

House in Anthoupolis (fully furnished, if desired). 3 bedrooms, 2 bathrooms, fully equipped kitchen, c/h and a/c in every room. 10 mins from UNPA. £450. Call (02) 382098 after 7:00 pm.

FACILITIES

WHY DON'T U.NETWORK@THE UNPA?

The next meeting will take place on **Wed 8 Dec** at 10.00 am in the HIVE.

Come along for a cup of coffee and exchange information with a friendly group of spouses from UNFICYP and diplomatic missions. More info at (02) 591933 or (02) 489553.

THE NICOSIA LIBRARY is located at 23 Sycamore Road, UNPA. Tel (02) 359317.

A new selection of books, audio tapes, videos and CDs have arrived. Language courses available on long-term loans.

STOP PRESS: The Nicosia Library now has Internet facilities available. Come and read your favourite newspapers, research your school or university project, or simply search for news and information in cyberspace.

Library hours

Monday to Friday:

1000-1300 and 1500-1700 daily

Please ask Anthe or Rosemary for further details.

SERVICES

NICOSIA HIVE NEWS

The NICOSIA HIVE is open for information and advice and is located at 21 Sycamore Road, UNPA (within the Married Quarters area).

The Nicosia HIVE Coordinator is Karen McCormack.

All nationalities are welcome!

New opening hours from 1 November 1999:

Mon: 9:00 am to 1:30 pm

Tue: 9:00 am to 1:30 pm

Wed: 9:00 am to 12:30 pm

Thur: 9:00 am to 11:30 am

Fri: Closed.

JUST A SECOND, the nearly-new clothing exchange in the Nicosia HIVE, has opened again. So spring-clean your wardrobes and bring in your autumn/winter clothes. Sellers receive 80% of the selling price and the remaining 20% goes to the UNFICYP Community Welfare Fund. Make some money and support a worthwhile cause. Opening times are every Mon and Thurs, 3:00 pm to 5:00 pm. For more information, phone Karen at the HIVE on (02) 359316.

DECORATIVE ART LESSONS

Qualified teacher gives daily lessons to children aged 5-12 years in ceramics, drawing and handicraft using clay, paper, wood, etc. Ring Andri on (02) 424598 or (09) 648333.

BEAUTY TREATMENTS BY NIKI

16th December will be Niki's final session before the Christmas holidays. So ladies, why not treat yourselves to a facial, pedicure or one of Niki's special occasion treatments. Prices start from as little as £1.

Gents, why not give your beloved a gift voucher which can be used all year round. Call at the Hive for more information on (02) 359316.

SANDRA'S HAIR FASHIONS

Sandra's Hair Fashions is situated at 21 Sycamore Road on the Married Quarters Patch. Open Mon-Fri between 0900-1800 hrs. Tel: (02) 776454.

ENGLISH LESSONS

Qualified and experienced teacher available to teach English to small groups or on a one-to-one basis. Tel: (02) 772991.

EVENING BABYSITTING AND ASSISTING AT PARTIES

Lady available for evening babysitting and assisting at drinks/dinner parties. Tel: (02) 330296 after 1600 hrs.

MATURE BABYSITTER Reliable, mature lady available for babysitting. Tel: (02) 623850 after 1600 hrs.

UK-TRAINED SEAMSTRESS available for alterations, zip replacements, costume making, etc. Also specialises in beautiful creative home fabric

decorations. Contact Stella on (02) 491840.

JOB WANTED: Woman is looking for houses, offices and staircases in Nicosia + area to clean. Own transport available. 12 years experience. Call (02) 489961.

ENVIRONMENTAL DAY

On Monday 29 November,

it is proposed that all members of UNFICYP, civilian, military and police, will meet at the entrance of UNFICYP HQ at 13:30 hours for an afternoon "sweep" of the camp area to pick up and remove all rubbish.

Everyone will be provided with a plastic bag and gloves and personnel are asked to ensure they are dressed appropriately for the occasion.

Keep the UNPA clean!

MUSICAL PERFORMANCE BY AUSTRIAN MILITARY CHOIR

A choir from Corinthia is visiting Cyprus on Fri 3 Dec and will present typical Austrian Christmas songs. Gluehwein and apfelstrudel will be served.

Place: All Ranks Club, UNPA.

Time: 2000 hours.

Entrance: free.

All UNFICYP civilian, military and police personnel and their families are welcome.

DVD Films

The children's film has moved from Saturday morning to **FRIDAY EVENING at 17:00 hrs** at St Michael's School.

SHOWING SOON:

26 Nov: The Elm-Chanted Forest

3 Dec: Disney's: My Favorite Martian

10 Dec: The Magic Voyage

Sunday Evening Films: 20:00 hrs

28 Nov: The Thirteenth Floor

Read the notices in the International Cafeteria for more details

CHURCH SERVICES

SERVICES AT ST COLUMBA'S CHURCH, UNPA: ANGLICAN EUCHARIST:

Roman Catholic Mass, Saturdays: 18:00 hrs.

Sunday worship: 09:00 hrs.

All welcome.

Sector 2 Padre's Office (LPH) tel: 864760/1, Ext 301.

Britcon Chaplain: Padre Philip McCormack.

RC Chaplain: Rev Fr Basil Pearson, tel: (04) 724106

Dutch Chaplain, Padre Frank Duyvenvoorde.

BRITISH TRAINED SEAMSTRESS

Specialises in dressmaking for formal occasions, ball gowns, wedding dresses and outfits, etc, also alterations and repairs. Mrs Chris Broad, 28 Vyzantou Street, Ayios Dhometios, (close to UNPA, near Astra garage). Tel: (02) 773206.

MISCELLANEOUS

BRATCON YOUTH CLUB

If you are aged between 8-16 and want to meet other young people from within the UNFICYP and international community, BRATCON is the place to go. We are open on Friday nights from 7:00 to 9:30 pm at St Michael's school in the UNPA. Our club is run by volunteers. We do everything from sporting activities to staging our own pantomime. We are also connected to the Internet so that members can "chat" to people from all over the world.

Come along and make some new friends. For further information, contact either Colin on (02) 359030 or Kath on (02) 359016, or better still, come along to one of our club nights. Membership is £1.50 per term or £4.00 annually. Nightly subs - 50c for members and 75c for visitors.

Catch the Criminal:
Only two people - apart from the police - could have known the contents of the letter John Hayes received (the visual clue) - the schoolmaster himself and the writer. So that firmly incriminates Miss Manning.

YMCA NEWSFLASH!!

The YMCA is announcing its new hours.

Now open from 08:00 to 1400 and 16:00 to 21:00 hours.

Now adding burgers and chips to the menu!

NB: We are always looking for relief staff for the YMCA. If you fancy working a few hours now and then with a friendly team, contact Rose at the YMCA or ring (02) 359308.



The new UNFICYP Christmas Cards will be on sale from 1 Dec.
Call in at the Public Information Office any time to view and buy.
£2.00 for 10 cards

BLUE BERET SPORTS SECTION

Welsh Gunners win the Cyprus Rugby League

By Capt Vicki Walker

Behind the scenes in Sector 2 there's one group of soldiers that's spent any free time it could get rugby training. Other people may have been disappearing off to sample the delights of beaches and discos, but this lot has had its eyes firmly fixed on the UNPA sports pitches, forcing itself through sessions of hard, intensive training that tested the commitment and fitness of the whole squad.

In an ideal world, hard work is always rewarded, and over the past few weeks the Welsh Gunners' rugby team has indeed reaped a fair few dividends.

The Welsh Gunners had entered the Cyprus League. This was a competition, held over a period of two months, between five British teams on the island. These were the Episkopi Eagles (chosen from a pool of around 1,500 soldiers from Episkopi Garrison), the



The power of the dragon....

Akrotiri Firsts and Seconds (around 1,000 soldiers to choose from), the Dhekelia Griffins (around 1,000 soldiers to choose from) and the Welsh Dragons (soldiers selected from a pool of 240). The Gunners are firm believers in the adage "Quality not Quantity" when it comes to rugby selection.

The first game of the season was a tense battle against the Eagles that left the Gunners with a 19-18 win. The closeness of the result meant that training was again stepped up. By the next game, the team had reached the form that was to carry it through all the way. A victory of 55-7 was closely followed by another of 77-7 showing that the Dragons were a formidable side. Astonished spectators looked on as previously unbeaten sides crumbled before them.

The League culminated last week with the final match between the Dragons and the Akrotiri Seconds. Everyone was out to prove their worth in a battle that was, admittedly, somewhat one-sided but which allowed each and every player from the Gunners an opportunity to show just what he was made of.

From the very start, the Dragons dominated the pitch, matching fast, accurate passes with perfect tackles and an unbreachable defence, littering the game with bursts of inspirational moves. Minutes to go and skipper SSgt Ned Kelly took the ball over the line to complete his hat-trick and take 22nd Regiment to its first century on the rugby pitch.

This is just the beginning. The Dragons are now looking to returning to those left behind in England and rejoining the remainder of the rugby team with a view to becoming Army Champions.

CETINKAYA WINS FAMAGUSTA RUN

By Capt Andreas Vas

A group of 113 runners from ten different countries flooded the dry moat around the old Famagusta city wall on 20 November. A total of 104 men and nine women all strove to finish the three laps of 3.5 kilometres each. A slightly uphill track with rubble and dents and about one kilometre of tarmac meant that this was a far from easy task. But thanks to the drinks provided by the organising sector (4), the runners were able to keep going.

In a repeat of his last year's performance, Ersoy Cetinkaya was first round, finishing in a stunning 35 minutes and 50 seconds. Two more islanders followed before the first UNFICYP soldier reported back in. Proudly Austrian Sergeant Gerald Hat claimed the first prize in the over-40 category, at the same time defeating all the under-40 UNFICYP competitors.

Julie Martin had been determined to be the first woman home, but dehydration forced her to give up – in sight of the finish line. Dutch Sergeant Linda de Jager balanced her race better and went for gold. Janet Forrest, meanwhile, clearly believes in the

Olympic idea that taking part is more important than winning. She took a little bit more time to fully enjoy the historical surroundings, walking the course in just over 90 minutes and coming in in time to choose between delicious Austrian goulash or a tasty dish of pasta.

The mayor of Famagusta and visiting Brigadier General Höfler both assisted Lt Col Helmut Plieschner in the prizegiving event. Although failing technology had delayed the start of the run, the same technology worked perfectly at the end and enabled each runner to get a list of results before taking up the weekend routine again.

RESULTS:

Men under 40: 1st: PO Con Lynch, 2nd: Cpl Robert Bartl, 3rd, 2/Lt Santiago Aril Ganiz

Men over 40: 1st: Sgt Gerald Hat, 2nd: WO2 Johann Feller, 3rd: Randolph Crhan

Women: 1st: Sgt Linda de Jager, 2nd: Ms Diana Bridger, 3rd: SSgt Zita Vasko

Guests: 1st: Ersoy Cetinkaya, 2nd: Debreli Tumer, 3rd: Senlik Cetinkaya.



RUN THE LINE '99



One of the competitors on his way to beat 29 Cdo Battery RA's record time

Over the weekend of 20/21 November 1999, eight soldiers from the UK's 20 Commando Battery, Royal Artillery who are currently serving with UNFICYP's Mobile Force Reserve ran the complete length of the Buffer Zone for charity.

They were helped along by a multi-national support team, and covered 217 kilometres in 16 hours, 5 minutes and 54 seconds, beating the record by 2 hours.

The run over, the real hard work

begins, with runners and support team collecting their sponsor money.

A word of thanks from all runners goes out to all the UN observation posts who fed and watered them as they passed by. A special thank you must go to OP 146 for the offer of Schnapps (rather than water) at the end of the run.

The runners hope to raise between CYP 800 and CYP 1,000. All donations can be dropped in at the MFR office at the UNPA.

RUNNING CALENDAR

28 November 1999: Cyprus Aphrodite Half Marathon, Cypria Maris Sports Centre, Pafos. The start will be at 10.00am while the 5km Fun Run will start at 10.05. Cash prizes. Entry fee: CYP 7.00.

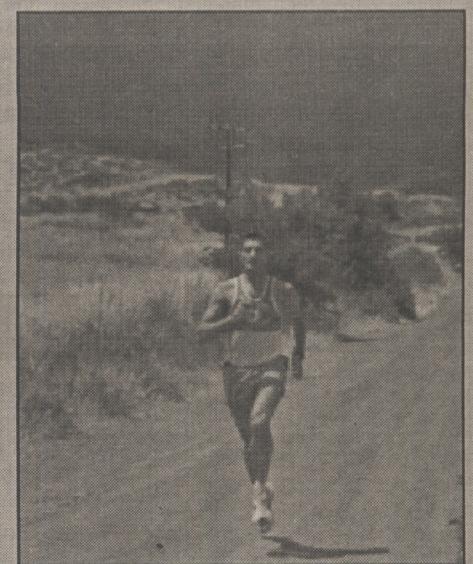
Further information can be obtained from the Cyprus Health Runners Club, PO Box 28167, Strovolos 2091, Nicosia, Cyprus. Tel: (02) 420559, Fax: (02) 420559, e-mail: runclub@spidernet.com.cy or www.cylink.com.cy/half marathon.

Application forms must be in by 13 November 1999.

2 and 3 December 1999: Cyprus Challenge Half Marathon 1999. Start and finish on 2 December, will be at the Rodon Mount Hotel at Agros. The start on 3 December will be at the square of Lefkara Village. The finish will be at Vavatsinia Village.

Further information can be obtained from the Cyprus Challenge Half Marathon, PO Box 12063, 2340 Lakatamia, Nicosia. Tel: (02) 370396, Fax: (02) 370404, e-mail: skakour@spidernet.com.cy

5 December 1999: Kolossi Marathon, Half Marathon and 10km race. More information can be obtained from Kolossi Marathon, PO Box 12063, 2340 Lakatamia, Nicosia. Tel: (02) 370396, Fax: (02) 370404, e-mail: skakour@spidernet.com.cy



12 December 1999: 6th International Kaloderma Half-Marathon and 4km Race, Three Seas Hotel near the Lighthouse at Pervolia, Larnaca. The start will be at 10.00 am for both races. Entry fee for the half marathon is CYP 2.00. There's no entry fee for the 4km race. Registration up to 09:30am on 12 December.

Further information available at Cyprus Runners' Club, tel (09) 411411, (02) 333462, (02) 701264. Fax: (02) 420089.