

THE BLUE BERET

JOURNAL OF THE UNITED NATIONS FORCE IN CYPRUS



JULY 83

UNPA FIRE TEAM IN ACTION



IF YOU CAN'T SEE, DON'T OVERTAKE

JUNE IN RETROSPECT

ROTATIONS

The Australian Civilian Police Contingent
The British Contingent, Sector Two

MEDAL PARADES

None

VISITS

- 1—5 Captain C D Hobbs visited the Canadian Contingent.
- 2—5 The Austrian Permanent Representative to the UN, HE Mr Karl Fischer, visited UNFICYP, accompanied by Lieutenant Colonel G Heck.
- 3 Air Commodore M C A Bacon, the Air Officer commanding Military Air Traffic Organisation, and Mrs Bacon visited HQ UNFICYP.
- 7—15 Captain A Trottier visited the Canadian Contingent.
- 7—30 Captain E C Plovdrup visited the Danish Contingent.
- 9—11 The Finnish Defence Forces Pers/Logs inspection team, led by Major Olli Lanki, visited the Finnish Contingent.
- 12—13 Colonel M H Sharpe, Colonel (General Staff) Military Operations 2 visited the British Contingent.
- 12 June—12 July Inspector T Lack and Acting Station Sergeant G McGufficke visited the Australian Civilian Police Contingent.
- 14—15 Captain T S McKelvey visited the Canadian Contingent.

- 20—23 The Swedish Permanent Representative to the UN, HE Mr A Ferm, accompanied by Colonel Geijer, visited UNFICYP.
- 21—28 Colonel K J Perry and Mrs Perry visited the Canadian Contingent.
- 22 Mr J M Legge, Head of Defence Secretariat 11, visited the British Contingent.
- 23 Major I Tiihonen visited the Finnish Contingent.
- 23 June—1 July The CANCON summer show tour took place and the entertainers were escorted by Major A Hardie.
- 25—28 Colonel E Wustinger, Chief Medical Officer of the Army Hospital, Vienna, visited the Austrian Contingent.
- 25—30 Colonel C Milner and Chief Warrant Officer J L Perron visited the Canadian Contingent.
- 28 June—6 July The Canadian Forces Europe pipes and drums visited UNFICYP.
- 28 June—6 July Captain J Plante visited the Canadian Contingent.
- 30 June—3 July Major General D Rice CBE visited the Detachment of the Force Scout Car Squadron.

UNFICYP COMPETITIONS

- 18 UNFICYP Safe and Skilled Driving Competition
- 21 UNFICYP Athletics Competition, held at Dhekelia

FUTURE EVENTS

CIRCO ITALIANO

Performances at 1930 and 2200 hours as follows:

- 8—17 July at Larnaca
- 18—26 July at Limassol
- 27—31 July at Paphos

MUSIC BY STARLIGHT

Curium at 8.00 pm on alternate Wednesdays until 28 September

- 20 July: Russian Night
- 3 August: Family Concert

Admission 500 mils for adults; 250 mils for children under 12.

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JULY 1983

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The Blue Beret is the house journal of the United Nations Force in Cyprus and, as such, is intended to provide a source of information on current events within the Force, on UN matters of general interest and on local tourist advice.

Articles of general interest are invited from all members of the Force. Photographs should be in black and white on glossy paper size 160mm by 210mm. This is an official publication prepared under the direction of the Force Commander. The views expressed are, however, those of the author concerned and do not necessarily conform with official policy.

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on the cover

Photograph by Captain E. Pitchforth

THE BLUE BERET



Editorial

During the last three weeks Mr Ken Howard from the United Kingdom and recognised as an official military artist, has been busy in the sectors painting various scenes and activities. The end result will be a very attractive sketch book of about thirty paintings which will be on sale in mid August for a price of about C£3.000. Keep it as a book, or extract the sketches and make them into pictures. It would be your choice but you will agree that the sketch books will make good presents.

I will always make a plea for more contributions, both from units and individuals; I know it takes an effort but many of you have interesting hobbies and interests which would be fascinating for our readers. Enough said, I think.

Thought for the month

Expect the best to happen
And nine times out of ten
The best for you will come to pass
But how and where and when
You do not need to know
So long as in the heart of you
Every thought is set towards the
Optimistic view.

Reject the fears that sap the will
And never fear the worst. Accept
What can't be helped and always put
The first things first ...
Knowing where you're going, putting
Courage to the test
Expecting everything at last will work
Out for the best.

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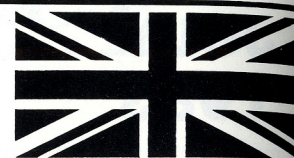
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INTRODUCTION TO QLR'S REGIMENTALIA



By Captain Richard Courteney-Harris

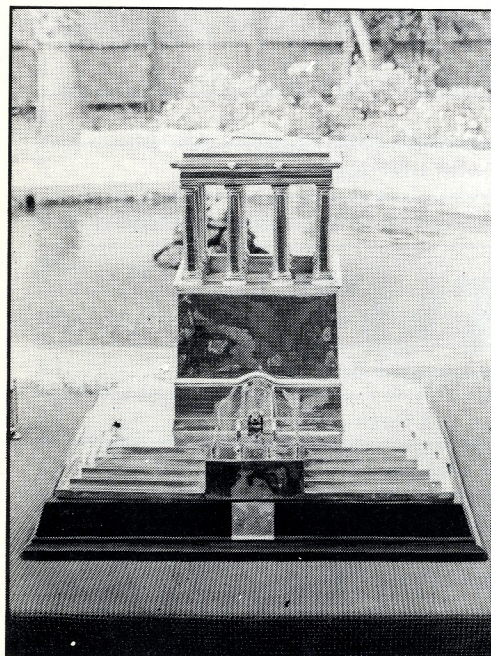
Photographs by Corporal P Meehan



Wherever the Battalion serves in the world the Officers and Warrant Officers and Sergeants messes take a selection of their regimentalia with them. Although it is impossible to bring all of the silver and pictures belonging to the Regiment with us, the Mess Committees of the respective messes try to ensure that a good selection of Regimental trophies, all of which have a place in the long history of the Regiment, are brought. Our tour in Cyprus with the UN is no exception; many good examples of regimentalia spanning a considerable period of time have been brought, the rest left in safekeeping in the UK.

As a very brief look at some of the Regimental collection of silver, three of the more interesting pieces have been illustrated here.

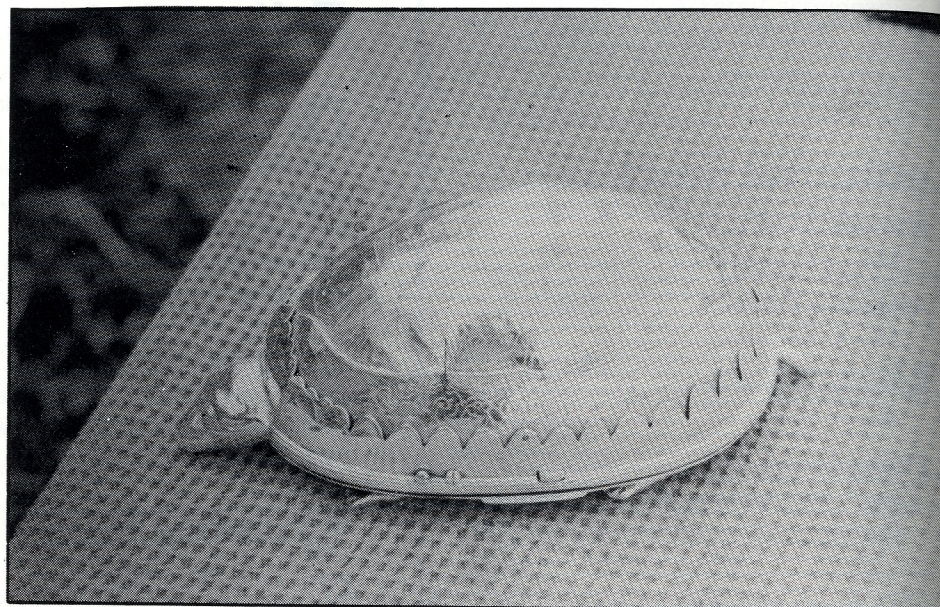
Sam Boast This is by far the largest and heaviest piece held in the Officers' Mess, standing over 36" high. The statuette depicts an Officer of the South Lancashire Regiment, one of our antecedent regiments. It was made up out of several other pieces of silver after World War I to commemorate the sacrifices made by the Officers and men of the South Lancashires.



The Kimberley Memorial

Maida Tortoise This piece of silver has perhaps the strangest story attached to it. It is inscribed, "4th July 1806. Colonel Kempt, Commanding Officer 81st Regt, (afterwards General Sir James Kempt), supped off it and subsequently presented the shell as a snuff box to the Officers of the Regiment". At the Battle of Maida (4th July 1802), the British forces were suffering a blockade and, as a result, supplies, particularly food, were having difficulty getting through. A tortoise was unfortunate enough to have entered the British positions at this time and found itself set upon by two officers eager to please their Commanding Officer. It was killed and presented to Colonel Kempt for his supper. We are not told whether or not he enjoyed the particular delicacy but he was obviously pleased enough to have the original shell mounted in silver and presented to the Mess. The silver shell shown here is a replica, the original piece is now held at our Regimental museum in the UK.

The Kimberley Memorial This is another large item of silver, standing nearly 24" in height and is an exact copy of a stone memorial standing in South Africa to this day. It was presented on the 26th June 1908 to the First Battalion, the Loyal Regiment (North Lancashires) by the grateful Mayor and citizens of Kimberley and Beaconsfield



The Maida Tortoise



Sam Boast

in South Africa as a token of thanks for their help in defending the towns against the Boers from 14th October 1899 to 15th February 1900. An item of interest on the memorial is the gun at the front. During the siege of Kimberley there was no artillery available to the defenders so an Austrian gunmaker, living in the town at the time, built the artillery piece from scrap metal. The weapon proved to be remarkably accurate and a very great asset in the fight to lift the siege.

MEDICAL CENTRE - DANCON



By Lieutenant J Stentoft, SMO DANCON

To the passionate reader of the "Blue Beret" it is well known that Sector One has particularly beautiful scenery. The western part of the UN buffer zone is situated in the lower parts of the Troodos Mountains and a patrol track not recommended for nervous people leads from OP to OP, all of them with tremendous sights and picturesque, well kept, though primitive, buildings!

Although many functions do not differ from an ordinary medical centre the Medical Section/DANCON has its peculiarities due to our situation in this lonely area. The two doctors, "Papadoc" and "Babydoc", are the most ordinary members of the section, but nevertheless, as well as their civilian and short military education, they should be fearless, have a talent for ritual behaviour — and they must be able to count! One sergeant and five privates have mixed functions as assistants, nurses, drivers and technicians. Besides, they are on duty like the other men in guard and reserve. Like centres in Denmark, our Medical Centre has the facilities for minor surgery, resuscitation and medical first aid (including a new Danish defibrillator and cardiac monitor, enabling us to interpret the strange (heart) rhythms of the soldiers). Minor diseases can be treated with hospitalization in our four-bed ward.

Contrary to daily work, health inspections contain much more drama: Can the Land Rover pass the track today? Is the water tower stable or is the weight of the fearless doctor going to turn over the tower and cut off the water supplies and his own head while he is climbing like a specialized chimpanzee? How many scorpions did the toilet hide?

Even more drama occurs when Dr Jekyll turns into Accountant Hyde and tries to check the lists and stores of the canteen — that is why we should be able to count. This is a real drama until everything is signed.

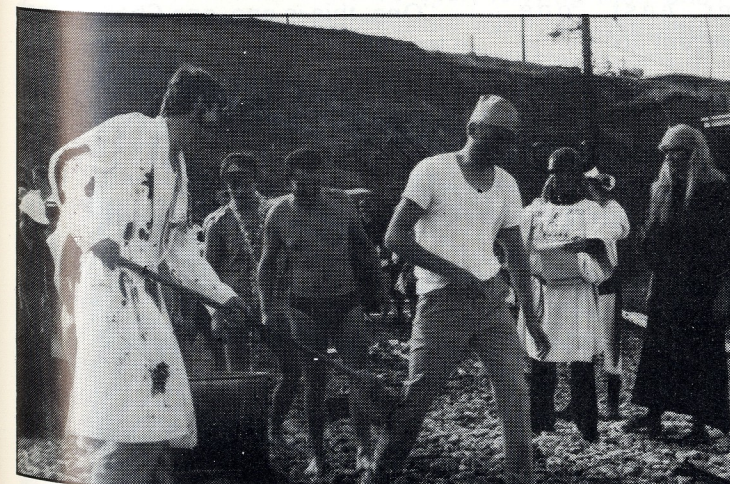
As you never know when a car crash or a case of severe disease occurs in the buffer zone we find it extremely important to be sure that a medical team with adequate outfit is always ready to turn out. The exercise "White DANCON" in March 1983 revealed many of our special problems, created by the very long lines of communication. Wheel transport to the most remote OPs takes one and a half hours and the evacuation after medical first aid and resuscitation can be a serious strain for the patient. In



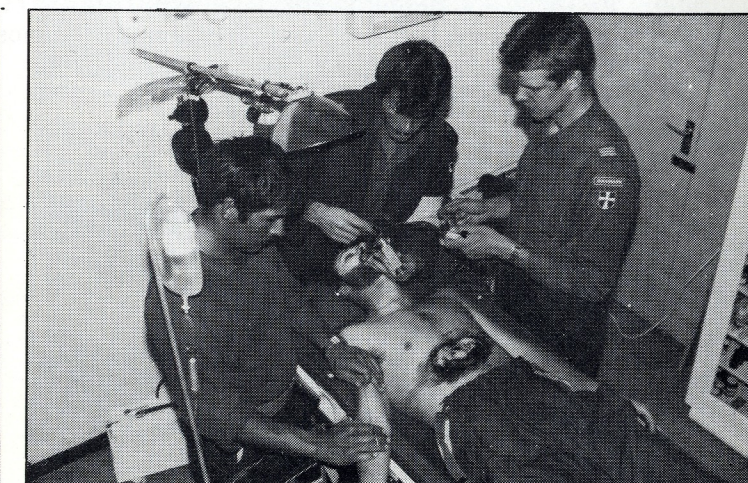
Training resuscitation.

these situations it is essential that helicopter evacuation is available, and everybody feels reassured when they catch sight of the "Wessex" helicopter — our lifeline to civilization.

The last function to be mentioned is the function of "Dr Bone" at the Viking Camp Christmas Bathing. Supervised by King Neptune (CO/DANCON), the doctor bathes the Vikings in a very strong composition before they plunge into the Mediterranean. Ritual and science work together in Medical Centre/DANCON.



"Dr Bone" (left) and "King Neptune" (right) preparing the "Vikings" for their Christmas Bath.



Exercise "White DANCON" abdominal "wound" is treated.

WHERE THE ACTION IS..... FROM MAPLE ONE TO OMORPHITA



By Captain J O M Maisonneuve
Photographs by Sergeant Tony Hodgetts

"One, this one one Charlie, leaving your location now for the Larose patrol, out".

With this terse announcement begins another full day for MCpl Voyer of "A" Squadron CANCON. His radio man, Tpr Pearson, already sweating in the morning sun, follows him.

This is the area occupied by the Squadron — the Ledra Palace Hotel and surroundings, the old city of Nicosia, and the complete eastern area of Sector Four to the boundary with SWEDCON.

The Squadron has established three foot patrols in this Sector. They serve to increase the UN presence in the Buffer Zone and are a good method of defusing any possible confrontations that could arise. It is also a good way to visit areas of the Green Line that few people seldom see. Isn't it funny that an armour unit would have thought of establishing foot patrols?

The Larose patrol follows the River Pedhieos to the North, passes between the lines which are no further than 100 metres apart and goes around the grounds of the Ledra Palace. It then enters the old city.

This is where the National Guard and Turkish Forces are closest. Only a few metres separate them here. The patrol commander has learned greetings both in Greek and Turkish.

The furthest point of the patrol is the observation post Maple One. This morning, Tprs Tasse and Bergeron are alert and ready for anything.

From this OP, which dominates the old city, one can see the St Sophia Mosque, the Ledra Palace and the Bank of Cyprus building.

If we travel a bit further along the narrow streets bordered by run-down building facades, we arrive at OP Bastion. This OP provides a dramatic view of the cease-fire lines of both sides. The UN observers today are getting ready for lunch right on the OP. Tprs Paquet and Dubois will cook their meal and will eat in turn, while the other soldier observes.

Bastion marks the boundary between the two troops which occupy the line at this time. From here, the line leaves the old city and heads north-east.

The first OP encountered is Appine. Manned today by Tprs Belisle and Derosby, this is one of the quietest posts on the whole eastern line.

A few hundred metres down the line is the troop house. Ortona's atmosphere is somewhat like a leave centre's. But this house actually serves two purposes. It increases the UN presence in the Buffer Zone and it solidifies the morale and esprit-de-corps of the troop that occupies it. After a long and sometimes frustrating shift in an observation post, Lieutenant Beauvais' men can find rest and especially relaxation at their troop house.

Moving further east, one encounters the most recent addition to



On patrol near Ledra Palace

the line, OP Kapyong. Named in honour of a battle in Korea in which a Canadian battalion distinguished itself, Kapyong rises some thirty feet above the ground in a seemingly-too-frail tower. The boys in the tower are actually happy that the fear of climbing the ladder reduces the number of visitors considerably. Nevertheless, they are always ready: "First of all, let me orientate you ... to the north at eleven kilometres are the Kyrenia mountains ..." The salutes given by Tprs Breton and Frenette are always sharp.

The last OP before the SWEDCON boundary is Omorphita. Tpr Harvey takes care to explain that the plains of Omorphita are not the plains of Abraham.

While these events are continuing the soldiers are always vigilant. The reserve troop's APCs are strategically placed on the parking lot of the Ledra Palace, ready for any eventuality. Because after all, this is "A" Squadron, this is where the action is.

"One, this is one one Charlie, back in location, closing down now out".



On the look-out from OP Maple One.



OP Omorphita — the last post before the SWEDCON boundary begins.



A Wessex displaying its load carrying capability at Nicosia, shortly after arrival in Cyprus (Note the lack of squadron markings).



A Wessex lifting 24 jerrycans of water from DC for OP D35

11 1/2 YEARS' SERVICE WITH UNFICYP



By Flight Lieutenant Nick Hall

On 17th July 1983 84 Squadron celebrates eleven and a half years continuous service in support of the United Nations Force in Cyprus. In fact, the squadron was no stranger to Cyprus when it arrived in January 1972, for it had previously been stationed at RAF Nicosia from March 1956 to January 1957, from which base it provided medium range transport support to the British Forces in the Middle East with its Valetta and Pembroke aircraft. After a series of further moves around the Middle East, the squadron eventually returned to Cyprus in the form of two flights, each equipped with Whirlwind HAR 10 helicopters; «A» Flight was based at RAF Akrotiri, and provided Search and Rescue cover, communications flights and troop support to the British Forces in the Sovereign Base Areas, while «B» Flight was again based at RAF Nicosia and operated in support of UNFICYP. «B» Flight's duties involved the provision of airborne troop and load carrying capability for the UN, and several times each week its Whirlwinds could be seen ferrying men and supplies to the many inaccessible mountain outposts where donkeys were often the only alternative means of transport. The flight also carried a large number of UN and other personnel (many of them VIP's) on internal communications flights around the island; for example, during the 1974 crisis 31 VIP and 52 casualty evacuation flights were carried out over a three-month period.

In March 1982, the squadron was re-equipped with the twin-engined Wessex HC2 helicopter; because of the increased speed and capabilities of this helicopter the two flights were merged at RAF Akrotiri and the squadron now carries out all its duties in support of the British Forces as well as the United Nations from that base.

The motto on the squadron crest is «Scorpiones Pungunt» (Scorpions Sting) and the badge is a scorpion, hence the cartoon on page 11.



A Whirlwind HAR 10 of 'B' Flight at Nicosia (Photography by Ch Tech Payne)



A typical MEDEVAC scene

THE BUFFER ZONE MARCH



By Lieutenant Per-Eric Odevall

During four days in the middle of May Commander SWEDCON, Lieutenant Colonel Sören Jansson made a foot-march through the whole of Sector Five. The Commander's aim with his march was to visit all the OP's in Sector Five and to meet each soldier personally. Lieutenant Colonel Jansson therefore chose to march along most of the line by foot.

He began before sunrise at OP S22 and then marched eastwards to S21, making stops at S23 and S24. After spending the night at OP SO3 in the village of Troulli, Lieutenant Colonel Jansson woke up at four o'clock in the morning and after a simple breakfast with the boys at SO3 he set off for S18 with his escort, consisting of one soldier carrying the UN-flag, one soldier with radio communications and the Platoon leader in charge of the area.

After three hours' marching,



Breakfast at SO3. (Is Platoon leader Captain Tuvikene still sleeping?)



Lieutenant Colonel Jansson talking to some of the soldiers at S18, the Edelweiss Hutte.

Lieutenant Colonel Jansson arrived at Camp Carl Philip in the village of Pyla, where Colonel Sten Wiberg, Chief of the UN Department in the Swedish Army, was waiting. Colonel Wiberg had made a four-day tour of inspection in SWEDCON during the same period as the 44-year-old Commander was out marching in the buffer zone.

Colonel Wiberg was very pleased with what he saw during his inspection and he gave pleasure to both Lieutenant Colonel Jansson and all the other Battalion members by saying that Battalion 82C had started very well.

— Try to keep up your high standard throughout the whole six-month period and you will have done extremely good work, said Colonel Wiberg.

Sector Five, from west to east, is altogether just less than forty miles «as the crow flies», and the patrol track is ninety miles altogether. Lieutenant Colonel Jansson covered approximately thirty-five miles during his march.

— I made this foot-march to get to know the conditions in the buffer zone of Sector Five, and of course to meet

and speak with my soldiers down the line, Lieutenant Colonel Jansson remarked.

During his week in the buffer zone, Lieutenant Colonel Jansson spent the night at four different OP's, sharing the conditions of his soldiers. He also took the opportunity to experience the work of the soldiers on guard at the different OP's. For example, at OP SO3 the Commander stood on guard alone at the top of the hill in the evening, giving one of the boys an hour and a half's extra rest.

— The toughest part of the march was down in the Louroujina pocket where part of the track is very rough and some of the OP's are situated high up in the hills, commented Lieutenant Colonel Jansson after completing his march.

All the soldiers on the OP's were of course a bit excited by the presence of their Commander, and all the Squadron leaders gave their men orders to tidy up extra well before his arrival!

— We appreciate all extra visits from whomever it is and it is not at all inconvenient for us, said Staff Sergeant Svante Bengtsson at OP SO3.

NATIONAL DAY

By Lieutenant Per-Eric Odevall
Photographs by Sergeant Torbjörn Henningsson



Twelve Swedish UN soldiers lined up before the event. From left to right: Pte Mattsson; 2 Lt Elfstrom; WO2 Stadig; Lt Nylén; WO2 Barrett; WO2 Westrell; Pte Nilsson; WO2 Lejdling; 2 Lt Isgren; WO2 Olofsson; Sgt Persson and Sgt Rytterlund.



Lt Col Jansson addresses his words of welcome to all the guests.

When Sweden for the first time ever celebrated 6th June as official National Day, SWEDCON celebrated this with a party for two hundred guests at Camp Victoria in Larnaca. Among the guests were the Special Representative of the Secretary General, Ambassador Hugo Gobbi, the Force Commander, Major General Günther Greindl and the Metropolit of Kition, Chrysostomos.

Sweden has never before had an official national day, but the reasons for choosing the 6th of June are several. To begin with, this day has for a long time been celebrated as the day of the Swedish flag. Furthermore, when Gustav Wasa, the first of many kings belonging to the Wasa dynasty, rode into Stockholm to be proclaimed king, it was 6th June 1523. The 6th of June is also the name-day of Gustav, one of the most common names of kings through Swedish history. Lastly, on 6th June 1809 Sweden got a new constitution, which partly is still in use.

The programme for this very special day

at SWEDCON began in the morning when all personnel at Camp Victoria under command of Lt Col Sören Jansson (Commander SWEDCON) saluted the Swedish blue and yellow flag. Several hours were then spent on preparations for the evening party. In honour of the day the twelve female members of the battalion put on very unconventional uniforms, as a dozen original peasant costumes had been flown down from Sweden for this special occasion.

So, when the guests arrived in a constant stream from 7 pm almost the first sight that caught their attention was twelve Swedish UN soldiers wearing peasant costumes!

When all the guests were gathered, with the Force Commander the last to arrive as etiquette dictates, the «cocktail chats» were brought to an abrupt end as an unannounced double Swedish ransom was fired—as an opening of the programme specially designed for the evening.

After Lt Col Jansson's words of welcome, Military Police Sgt Claes Olofsson entered

the platform and sang «Tonerna» («The Tones») by Swedish composer, Birger Sjöberg to the piano—accompaniment of MP Sgt Anders Westberg. The guests then got the opportunity to learn more about the peasant—costumes, as the girls one after another appeared for the audience while SHO, Captain Jan—Olof Mikaelsson told the story behind each costume.

The only feature with military connection was a much appreciated drill—show executed by soldiers from I rifle company under command of Captain Per Björkman. The boys' skilful show with their weapons resulted in the night's loudest applause.

The programme closed with all singing the Swedish national anthem, «Du gamla du fria» and flags being lowered. The guests were then invited to the dinner table, consisting of the famous Swedish smörgåsar. While the guests sat at table a specially invited band from the Queen's Lancashire Regiment performed light music.



The drill troop from I rifle company fires the final salute.



Ambassador Gobbi arrives and is welcomed by Lt Col Jansson and a group of girls dressed in peasant costumes.



WINDSURFING

Article by Previous Blue Beret Editor

ILLUSTRATION BY PRISCILLA WHITEHEAD

Boardsailing, windsurfing — or whatever you want to call it — is the fastest growing recreational sport. Like most other sports it looks so easy but as in other sports it is the learning that is so frustrating. No sooner have you stood up than you lose your balance and fall into the water. I learnt to windsurf last year and although I have tackled many sports and still pursue a fair number, windsurfing proved to be the quickest way to lose my temper.

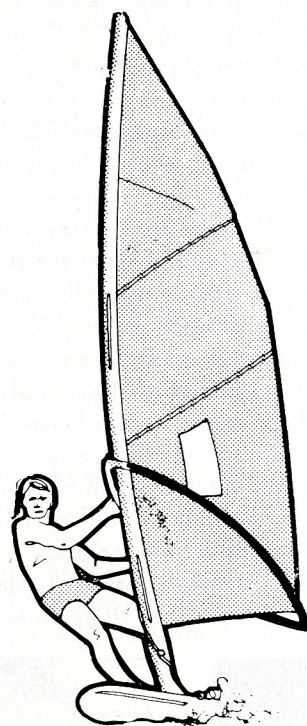
In the right conditions for beginners which are:- a light offshore wind, a calm and warm sea, you will get underway fairly quickly. The first hurdle of course is turning around and naturally this takes a little longer. The temperature of the sea in Cyprus and the hot sunny days make up for those numerous occasions that you fall in.

The conditions are right and you suddenly find that you are sailing to and fro—quite happily. You begin to wonder what all the fuss was about when all of a sudden the wind gets stronger. Over you go and every time you stand up and pick the sail up you fall in. This is the time that you really swear under your breath and after failure after failure you are ready to "throw in the towel". Don't give up — you must get the mast tilted forward towards the bow and you must counteract the pull on your arms by bending your legs and leaning back. Have a rest, have a drink, relax and then give it another go.

You will surprise yourself when you suddenly get that exhilarating feeling of "whizzing along", the spray flying and a sense of conquest. "At last I've cracked

it". Well you have, almost, until you experience the offshore wind.

Remember all those windsurfers who drift further and further away from shore — yes, it's the offshore wind that was the cause of it all. Before letting your board take you away from shore, practise like mad and make sure that you have someone on the beach keeping an eye on you. With the best



will in the world, you, like every other surfer, will end up having to be rescued! If rescue does not seem close at hand then take down the mast and roll up the sail. You will find that you can place the whole lot on top of the surfboard. Then lie flat on your stomach and you will be surprised how fast you can paddle towards shore using your hands and arms.

Every windsurfer goes through this humiliating routine but rest assured

that "practice makes perfect" and soon you will be the envy of all the beginners. Not long afterwards you will be waiting for the stronger winds so that you can lean right back and dip your head in the water as you speed along, spray flying and at one with the elements.

All very well you say but what about getting hold of a board and some instruction? Most of the popular beaches in Cyprus have boards for hire and offer instruction. Some contingents in UNFICYP run windsurfing courses where boards and good instruction are available. (The Support Regiment windsurfing club meets every weekend at Salamis. If you need transport contact WO1 Boyne on 2271/2771. It also meets during the week.) Do not make the mistake of trying to learn on a racing board or board for advanced windsurfers. There are plenty of basic boards around which are ideal for learning. If you are impatient like I was then buy a board, put it on your roof rack of your car and head for the sea. The advantages of having your own board by far outweigh the disadvantages.

It is well worth wearing suitable footwear such as plimsols or gym shoes but there is nothing like having your own rubber windsurfing boots. Your board may well provide a grip for bare feet but when the wind gets strong you may find that your feet are swept away.

One answer is to cover your board with nonslip rubber matting. You should also wear a buoyancy jacket for safety!

Summer's here in Cyprus so make the best out of the sun and sea—come windsurfing!

FOOD FROM THE CARIBBEAN

By Flight Lieutenant Nick Hall, 84 Squadron RAF

Over the last few hundred years, the Caribbean kitchen has gleaned ingredients and the best of cooking methods from Europe, Asia and Africa, and has combined these with local produce to provide its own unique recipes. Having spent most of my childhood in the West Indies, I have retained quite an addiction to the many delicate and often very spicy flavours of the local cooking; unfortunately, many of the necessary ingredients are not available here in Cyprus so I am unable to indulge my tastes as I would like.

Even more sad is the fact that the recipes which I can pass on to you are likewise limited. However, here are three which are quite easy to make from ingredients available out here.

JAMAICAN HOT BEEF PATTIES

Traditionally, these are fairly large and would be served as a meal in themselves; they can, however, be served in miniature as cocktail snacks and this is how my recipe prepares them.

Pastry — makes approximately 5 dozen 3" rounds.

1 lb plain flour
6 oz suet, shredded
2 oz margarine
Pinch salt
10 tablespoons water

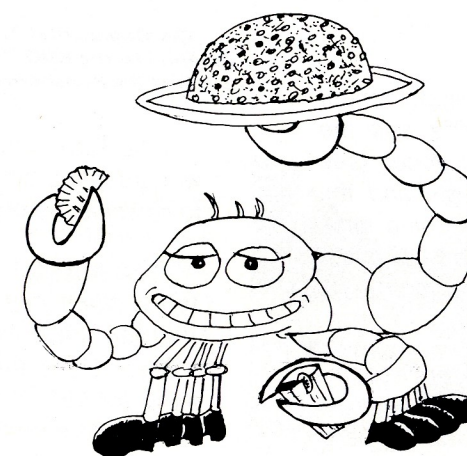
Mix the flour and salt, work in the shredded suet and the margarine, and make as ordinary pastry. Leave to cool in the 'fridge while you make the filling, then roll out fairly thin and cut into 3" circles. Any unused circles can be frozen for future use.

Filling — makes approximately 4 dozen patties

1 lb beef mince
1/4 teaspoon thyme (6 sprigs)
1/4 teaspoon monosodium glutamate
1/2 teaspoon salt
2 stalks scallion (spring onion), chopped
1/2 teaspoon paprika
1/2 fresh country pepper or chili, chopped
1 tablespoon tomato ketchup

2 teaspoons hot pepper sauce
1—2 teaspoons ground fenugreek

Mix the meat, scallion, chili pepper and half of the thyme. Cook slowly over a low flame for about ten minutes, then pour off any excess oil. Add the rest of the thyme, the ketchup, monosodium glutamate, salt, paprika, sauce and the fenugreek; cook for a further fifteen minutes. Let the mixture cool. Place a small spoonful of the filling in the middle of a pastry round (having previously wet the edge with water),



then fold over, seal and prick the top with a fork. Cook in a hot oven (Gas 6) for approximately fifteen minutes or until golden brown. Serve hot.

COFFEE ICE BOX CAKE

2 level tablespoons Nescafe instant coffee
6 oz butter
3 eggs
1/2 pint double cream
10 oz sugar
1 1/2 packets (300 gm) Rich Tea biscuits

For decoration:
Cherries
Nuts
Mixed peel
Angelica
Grated chocolate

Dissolve the coffee in 6 fl oz of hot water and leave to cool. Cream the butter and sugar well, mix in three tablespoons of cooled coffee mixture one spoon at a time. Break up the biscuits into small pieces and sprinkle with the rest of the coffee mixture to dampen. Into the butter and sugar mixture add three egg yolks, one at a time. Beat the egg whites in a separate bowl until stiff and dry, then beat well into the yolk mixture. Grease a bowl (two-pint pudding basin or similar in plastic) and put in alternate layers of egg mixture and damp biscuit, starting and finishing off with a layer of egg mixture. Leave in the 'fridge overnight, then turn out onto a plate. Whip the cream with two spoons of sugar until stiff. Put this on to the cake like icing and decorate with the nuts, cherries, peel, etc. Keep in the 'fridge until immediately before serving. (A mixture of 1 tablespoon coffee with 1 tablespoon cocoa can be used instead of the straight coffee to give a Mocha flavoured cake, or 2 tablespoons cocoa for a chocolate version).

RUM SOUR

And now, something to wash it all down with. Because it is almost impossible to obtain fresh limes, I have had to doctor this recipe slightly to use fresh lemon juice instead. However, this drink still makes a refreshing alternative to the traditional brandy sour and I believe that it might just catch on! All you have to do is combine a large measure of dark rum (more if you like it stronger), an equal measure of fresh lemon juice and two dashes of Angostura bitters in a tall glass, add an ice cube or two, then top up with lemonade and stir. Decorate the glass with a slice of orange.

You can easily make this drink in large quantities (you will need to once your guests have tasted it!), provided you keep the proportions the same. Then again, you can make it like a brandy sour using lemon squash, but I find this is rather sickly.



UN NEWS



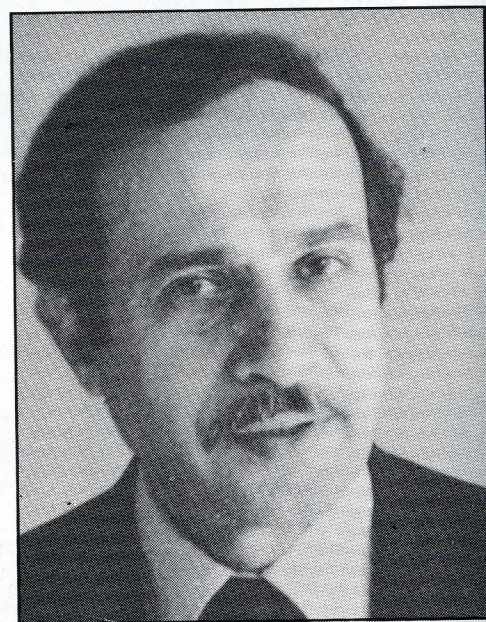
OBITUARY

United Nations in New York regrets to announce the death in New York on 30 May of Mr. George Yacoub, who held the post of Spokesman for UNFICYP from November 1974 to August 1981.

Mr. Yacoub was 60 years of age. He is survived by his wife, Tanja, and four children.

After leaving Cyprus, Mr. Yacoub took up the post of Deputy-Director of the Radio and Visual Services Division of the Department of Public Information of the United Nations in New York.

Mr. Yacoub, who was born in Erbil in 1923, was a national of Iraq. He trained as a lawyer in Baghdad where he practised as a lawyer and journalist from 1948 before doing graduate studies in the United States from 1953 to 1955. He then worked as an editor and broadcaster in Baghdad, Beirut and London before joining the Public Information Division of the United Nations Children's Fund (UNICEF) in New York in 1959. He transferred to the United Nations Secretariat in 1962 and held various posts, including Director of United Nations Information Centres in Khartoum, Karachi and later Islamabad. He was reassigned to New York in 1972 before taking up his position in Cyprus.



UNFICYP MANDATE RENEWED

The following resolution was adopted unanimously by the Security Council at United Nations Headquarters, New York, on 15 June 1983

Security Council resolution 534 (1983)

'The Security Council,

Noting the report by the Secretary - General on the United Nations operation in Cyprus of 1 June 1983 (S/15812 and Add.1),

Noting also the concurrence of the parties concerned in the recommendation by the Secretary-General that the Security Council extend the stationing of the United Nations Peace-keeping Force in Cyprus for a further period of six months,

Noting further that the Government of Cyprus has agreed that in view of the prevailing conditions in the island it is necessary to keep the Force in Cyprus beyond 15 June 1983,

Reaffirming the provisions of resolution 186 (1964) of 4 March 1964 and other relevant resolutions,

Reiterating its support of the 10-point agreement for the resumption of the intercommunal talks which was worked out at the high-level meeting on 18 and 19 May 1979 in Nicosia under the auspices of the Secretary-General,

1. **Extends once more** the stationing in Cyprus of the United Nations Peace-keeping Force established under resolution 186 (1964) for a further period ending 15 December 1983;

2. **Notes with satisfaction** that the parties have resumed the intercommunal talks within the framework of the 10-point agreement and urges them to pursue these talks in a continuing, sustained and result-oriented manner, avoiding any delay;

3. **Requests** the Secretary-General to continue his mission of good offices, to keep the Security Council informed of the progress made and to submit a report on the implementation of the present resolution by 30 November 1983."

SOME REMINISCENCES OF THE OLD DAYS



By Captain Peter Mulacz



When I read Captain Hole's article about the Queen's Dragoon Guards (QDG) in Blue Beret March 1983, I was astonished about the former relations of QDG with the Austrian Imperial House, so I started investigations: here is the result.

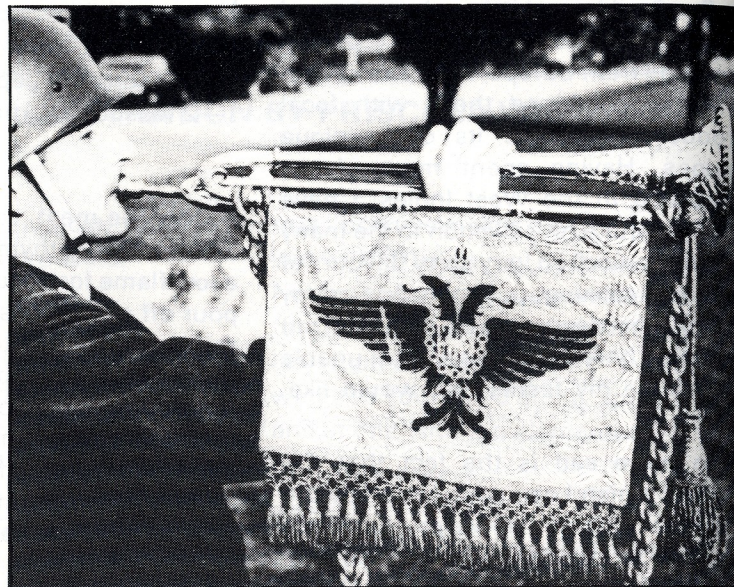
In March 1896, Queen Victoria and Austro-Hungarian Emperor Franz Joseph I met in Nizza, where Queen Victoria honoured the Emperor with the appointment of Colonel—in—Chief of the King's Dragoon Guards, who with the Bays now form the QDG. This award was due to the successful attack by the Austrian Cavalry in the Battle of Dettingen 1743, when Austria provided help with a «Pragmatic Army» under British command, during the Austrian war of succession.

Franz Joseph I took his Colonel—in—Chief appointment very seriously. British officers came to Vienna and the Emperor presented the Regiment with a Trumpet (see picture); the Badge included the Imperial Eagle and the Regiment paraded to the slightly modified marching tune, «Radetzkmarsch». Incidentally, a uniform of the KDG is still to be seen today in Vienna's Army History Museum.

By the beginning of World War I in 1914, officers from the KDG asked not to be placed in a position against Austro-Hungarian troops and, on the other hand, the Emperor ordered that KDG officers should not be —if captured— taken for prisoners of war but for guests of the Emperor himself.



The wife of Lt Col Powell fixing the loop to the banner. Beside her is Capt Löffler, who is at present the CO of AUSBATT/UNDOF on the Golan Heights, having been promoted to Lt Col in the meantime.



The Regimental Trumpet donated by the late Emperor Franz Joseph I to the KDG. The eagle is the (slightly modified) Imperial Eagle of the Hapsburgs.

The KDG took another cap badge at the beginning of the war, adopting the Imperial Eagle again when Austria ceased to exist just before World War II.

The Austrian Army was re-established two years after World War II. PzB 10 (10 Tank Battalion) which continues the tradition of Austro-Hungarian 49 InfRgt («Freiherr von Hess» = Baron Hess, the founder in 1715) became affiliated to the KDG. In 1968 Lt Col Powell from the QDG visited the Austrian Army. At the traditional place in Vienna, a solemn ceremony took place, where a British trumpeter played the Regimental Trumpet.

Austrian officers were invited to the UK, too, and finally Lt Col Powell awarded 10 PzB with a loop to its banner, presented by his wife in a military ceremony. The loop has two sides: the British one in blue—white—blue with the British emblem and the QDG badge, our former Imperial Hapsburg Eagle, and the Austrian one in grey (the colour of InfRegt 49 Frh v Hess) with the corresponding emblems, both sides with respective inscriptions. Sabres were also exchanged between the Austrian and British troops. Following this, the exchange of both British and Austrian officers became very regular—Austrians have been at Sandhurst, Detmold, Berlin and so on.

Unfortunately, during the last years there is almost no connection left. Maybe one of the outcomes of this article could be that exchange postings might start again....

And the reason for the whole article? The QDG are now serving with UNFICYP and carry out some of their patrol duties in the Austrian Sector Six, so perform their duties together with the Austrian soldiers at least once a week. So there is still a (small) connection between the Austrian Army and the QDG: the link between is UNFICYP. See you again in Cyprus.....

UNFICYP ORDNANCE DETACHMENT – THE SUPPLIERS



Story and Photographs
by Captain Eric Pitchforth



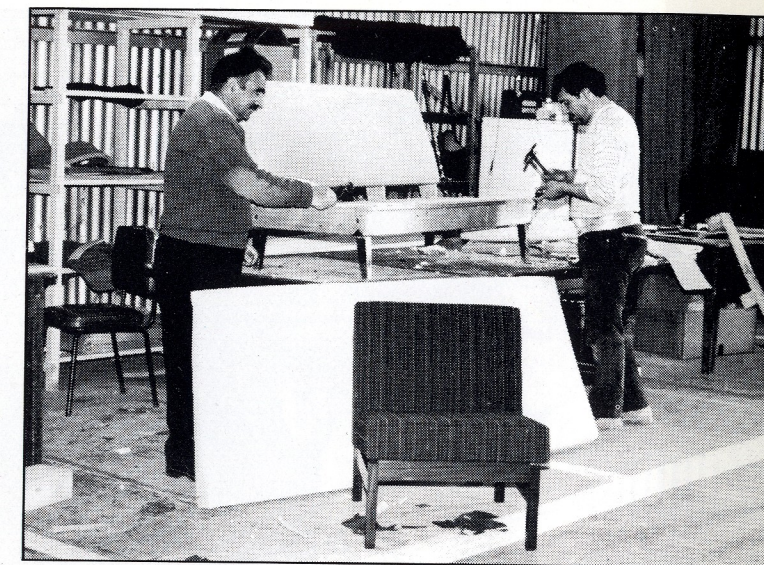
The UNFICYP Ordnance Detachment was established in 1964 as an integral part of UNFICYP Support Regiment when the United Nations Mandate in Cyprus first came into being.

Although only small compared to other RAOC units, we are important logistically in that we play a major role in the UNFICYP supply chain through being the link service between the National Contingents of UNFICYP and the source of material supply from the Sovereign Base depots and local resources. We also have a repair cell for the refurbishment of UN owned furniture and provide fire services and fire training to the UNPA, Nicosia.

Basically we ensure you receive fuel and oil for your vehicles, food for your consumption, furniture and domestic appliances for your messes and OPs, uniforms to wear, defence stores for your security, stationery to write upon, equipment for your medal parades, materials for you to clean with and even toilet rolls for your loo's.

These Ordnance Detachment services are maintained by thirteen military and nine local civilian staff. The military consist of Royal Army Ordnance Corps (RAOC), professionally trained personnel in the trades of petroleum operators, supply controllers and supply specialists. The civilian staff have trades of carpenters, textile refitters, seamstresses and trained firemen. In addition, we have a Royal Armoured Corps Sergeant on strength who is employed as our POL accountant.

In the British Army it is said that the Royal Army Ordnance Corps supplies the Army. In Cyprus we are proud to be able to say that the Ordnance Detachment supplies UNFICYP.



Local civilians reupholstering UN furniture



Installation of a bulk AVTUR tank at Limnitis – Sector One



Petroleum operators refilling the fuel pods prior to fuel delivery



LCpl Delcker is the only Austrian working in the Ordnance Detachment

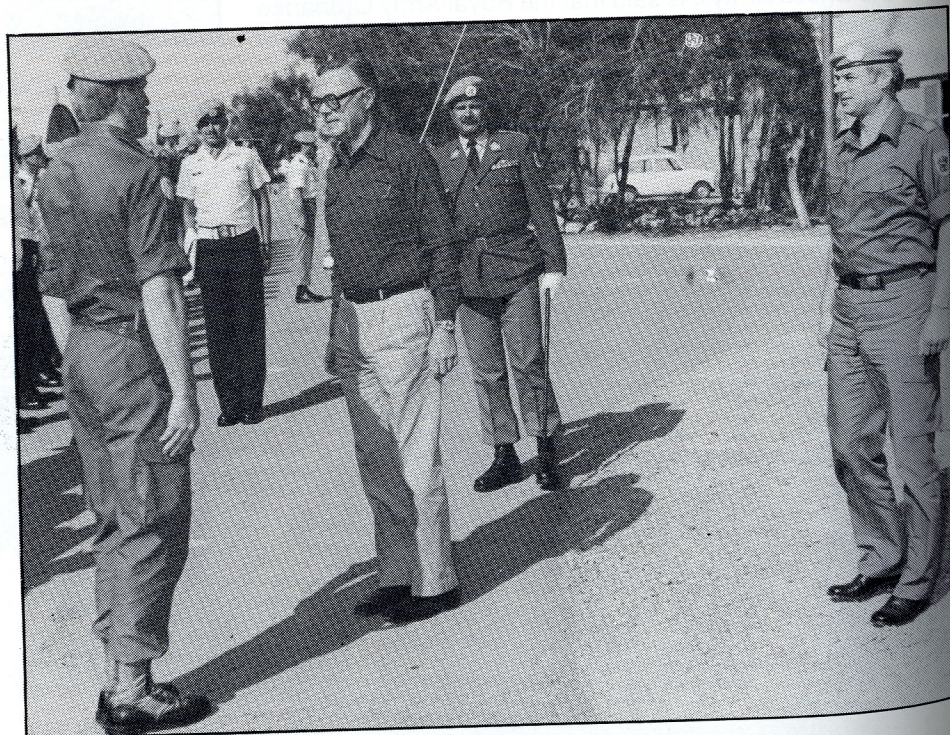
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The Force Commander with WO1 (Cdr) Ken Stuart and his wife, Joy, following his appointment to Conductor RAOC and subsequent presentation by the Force Commander with his badge of rank. This appointment is the senior Warrant position in the British Army.



Military artist Ken Howard working on one of the sketches for the Canadian Contingent, which will appear in the UNFICYP sketch book.

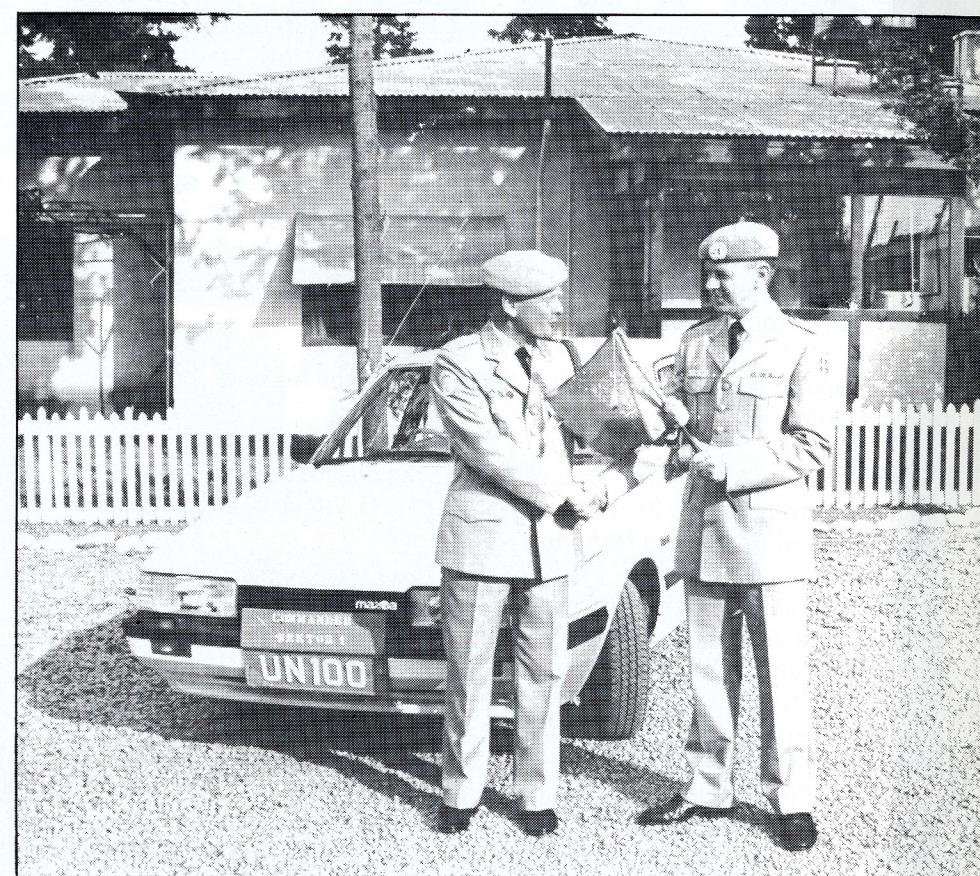


On 3 June 1983 the Austrian Ambassador to the United Nations, HE Mr Karl Fischer, inspected a Guard of Honour during a visit to UNFICYP.

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The new arrivals in Sector 6 were still wearing their pullovers on arrival — soon to be discarded!



On 19 May at 1830 hours Lt Col R K Jakobsen CO/DANCON 39 (right) took over from Lt Col Aa Højbjerg CO/DANCON XXXVIII (left).

On 22 June Major D Turnbull CD handed over command of the UN MP Company to Major A Cannons. The ceremony was witnessed by the Force Commander, Major General G G Greindl, and other senior officers of UNFICYP.



On 21 June the Permanent Representative of Sweden to the UN, HE Ambassador Anders Fern, inspected a Guard of Honour during his visit to HQ UNFICYP.