

THE BLUE BERET



MAY 1982



APRIL IN RETROSPECT

ROTATIONS

Nil

MEDAL PARADES

23 Austrian Contingent

VISITS

- 1—3 Mr S. Granath and Mr Lars Andersson, Swedish journalist and photographer, visited the Swedish Contingent.
- 1—8 Lt Col P Roston, Commanding Officer Designate 1st Glosters, visited the British Contingent.
- 1—18 HE Ambassador Mr Torsten Orn, Swedish Ambassador to Israel, visited Swedcon.
- 6 Mr Van Cauter and Mr Tierlinck, representatives of the UN General Assembly, visited HQ UNFICYP.
- 6—23 Col J Murray visited the Canadian Contingent.
- 8—11 Gen Bernadiner, Col Pollhammer, Col Hauswirth and Capt Binder visited the Austrian Contingent.
- 12—17 Lt Gen Gunnar Eklund, BGEN J. Palmgren and Maj F. Pareswetoff-Morath visited the Swedish Contingent.

- 13—21 Lt Col P E Pepe and Lt Col C Brockmeyer visited the Danish Contingent.
- 15—16 Lt Jenkinson, WO Cdt Dobson and WO Cdt Hurst visited the British Contingent.
- 16—18 Mr R Rydbeck visited the Swedish Contingent.
- 18 Mr A C Sjaastad, Norwegian Minister of Defence, visited UNFICYP, accompanied by Messers Oen, Holemark, Glornstein, Prebensen and Engh and Lt Col E Hornslien.
- 23—25 Mr J Saukkonen, Finnish Minister of Defence, visited the Finnish Contingent, accompanied by Maj Gen J Valo, Lt Col P Lehtimäki, Maj E Viinikainen and Mr R Ikaheimo.
- 23—29 Maj C Box and WO1 Kennedy visited the British Contingent.
- 27—3 May Lt Col A Methven, Maj A Alexander, Maj P Murphy, Maj R Houston, Capt M Blanch and MCpl M Adamic visited the Canadian Contingent.
- 27—5 May Capt R Weisman, Staff Officer at Canadian Mobile Command HQs, visited the Canadian Contingent.
- 29—6 May Maj Valencia and Capt Markham of Army Air Corps visited the British Contingent.

MILITARY AND RECREATIONAL COMPETITIONS

- 5 Badminton Competition
- 16 Athletics Competition

FUTURE EVENTS

At the AMERICAN CENTRE, Nicosia

Wednesday 26 May at 7.30 p.m.

FAME. The public High School of Performing Arts in New York City admits only those young people with demonstrated talent and ambition in music, dance, and drama. In addition to their performance classes, they have to keep their grades high in all the usual academic subjects. This fictional account follows a group of star-struck friends from their entrance auditions through the traumas and triumphs in school and out, to the final, dazzling school show. Along the way, the viewer is treated to exuberant musical numbers, a few heartbreaks, and a traffic-stopping dance in the streets.

17th, 18th and 19th June 1982 at 8.30 p.m.

At the ANCIENT CURIUM THEATRE

Shakespeare's production of ANTONY AND CLEOPATRA

For any information: Tel: Limassol 62501

Episkopi 65371 Ext 3753
(8—9 a.m.)

Nicosia 42152 British Council

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3 Museum Street, Nicosia

Fourth Annual Photographic Exhibition

Thursday 20 May 7.30 p.m.

WEB OF LIFE

PART 4. The Living River. The River Test in Hampshire supports a wealth of animals and plants in, on or around it. The changing seasons affect both the river and the balance of living organisms.

PART 5. The Living Mountains. A plant that makes its own antifreeze and lobelias and groundsel as tall as trees are just a few of the strange plants seen during a journey from the shores of the Caribbean in Venezuela up through the rain forest to the bleak moorlands and peaks of the Andes. Then across the world to Mount Kenya with its weird plants and tiny sunbirds and regions where organisms survive in arduous extremes.

PART 6. The Living Woodland. This shows a full cycle of the seasons of a year in an English deciduous woodland, covering the weather changes, the cycle of the trees and plants, and different animals in their nocturnal/diurnal activities and in seasonal changes in activity.

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The Blue Beret is the house journal of the United Nations Force in Cyprus and, as such, is intended to provide a source of information on current events within the Force, on UN matters of general interest and on local tourist advice.

Articles of general interest are invited from all members of the Force. Descriptions of recent local events or of visits to places of interest are welcome. Illustrations are most welcome. Photographs should be in black and white on glossy paper. This is an official publication prepared under the direction of the Force Commander. The views expressed are, however, those of the author concerned and do not necessarily conform with official policy.

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on the cover

The AUSCON Medal Parade held at the Gymnasium at ancient Salamis on 23 April.

Photo Frank Voice.

THE BLUE BERET



Editorial

My last issue of The Blue Beret! Yes it is time to say goodbye to UNFICYP after close to two years as MPIO. I have found the work both interesting and challenging whether it has been:— visitors clearance; the Intercommunal Talks; briefing and looking after international press visitors; arranging familiarisation visits for local Ambassadors; in depth visits by Japanese professors, photography in general; coordinating various visits with both the Turkish Cypriot PIO and Greek Cypriot PIO; looking after the local press; establishing a good working relationship with the many contingents in UNFICYP and the innumerable Press Officers; last but not least getting the Blue Beret out each month.

The printers of the Blue Beret have experienced a strike at their printing press and this is the reason for this issue appearing later than usual!

I would like to thank everybody who has worked with me and helped me over this period. Finally, I am taking this opportunity of welcoming the new MPIO—Maj David Emmett Royal Irish.



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RCHA'S FIRST MONTH

By Lt Dan Cook



Members of LdSH (RC) Recce Troop practising for an Honour Guard for visiting dignitaries. Left to right Tprs; Worrell, Christensen, Wright, Campbell and Tummings.



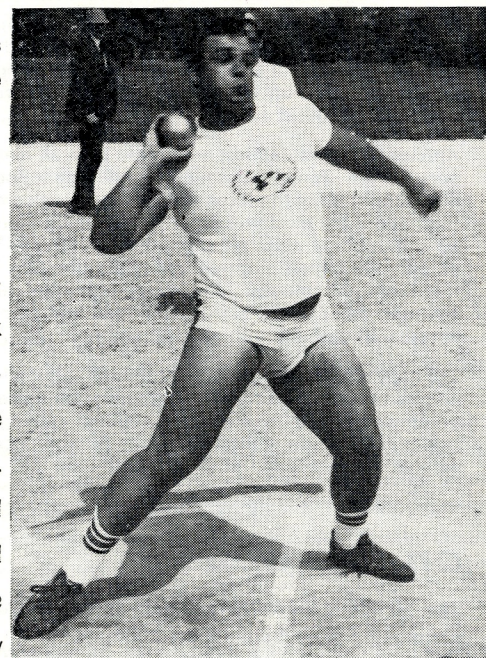
Members of the reserve platoon; gunners Aldred and Clarke perform daily maintenance on support weapons.

3 RCHA and the Lord Strathcona's recce troop have been actively engaged in their role as peacekeepers for a month now. The soldiers have adapted to their new duties as United Nations soldiers and the morale is high.

Many visitors have toured Sector Four and have seen the regiment busy at work. Recently our distinguished visitors' list included Maj Gen Mann, the Colonel Commandant of the Queen's Regiment who complimented the contingent on their professional appearance. The Russian Ambassador to Cyprus, H.E. Mr Sergei T. Astavin, has also toured Sector Four to observe members of the United Nations at work.

Not all visits have been to the regiment. Officers and senior NCOs from the Contingent have been hosted by the Cypriot National Guard for their Easter celebrations and by the Turkish Security Force Officers for a mess dinner. These social events have helped to improve communications and foster better working relationships. The regiment has been the first Canadian Contingent to be invited by the Wolf Regiment for a social function. CANCON hopes to continue improving communications through reciprocal invitations.

Members of the contingent have already been involved in UN sports competitions including badminton and track and field. Although the Canadian Contingent has not finished at the top in these events, we have not had a bad showing. In track and field CANCON were third and the badminton doubles team finished in second place. However, in future events the Canadians will be fronting very competitive teams and competitions should be very exciting.



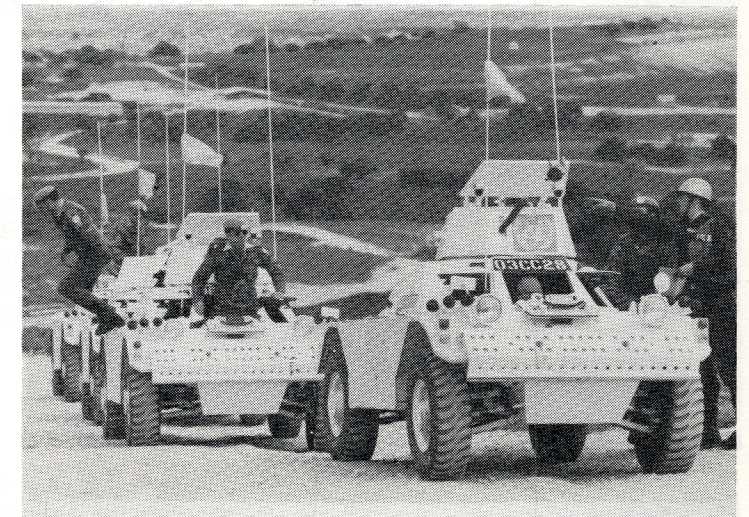
Master Bombadier Mattia puts the shot at UNFICYP Track and Field Meet for a second place finish.



The helicopter has landed, and the stretcherbearers are approaching.



From one stretcher to another. After an exciting trip outside the helicopter the casualty is taken down to the dressing station.



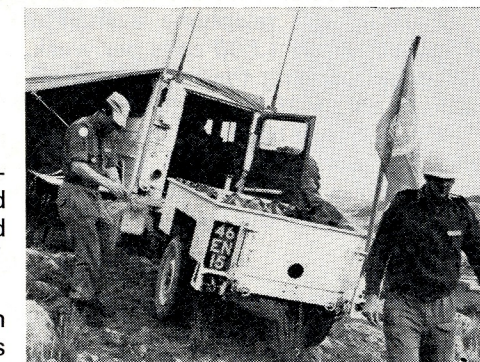
A troop of four ferrets took part in Swedcon's Ex SIERRA 3. Here the ferrets have just arrived at the OP from where the evacuation is to take place.



When you read this, the Swedish "winterbattalion" in UN-service, the so-called Un-bat 79C, will have left for home and have been replaced by 80C.

However, before we left for Sweden we learnt the various tasks and duties that had to be dealt with in Sector Five, and rather recently 79C ended it all up with a big exercise that covered most of the Sector and included training units from all parts and coys of the battalion. The pictures on this page are from this exercise - SIERRA 3.

During the six months 79C has been in service of peace on Cyprus, there have been two previous "SIERRAS". The first one worked as a measure of the ability of HQ staff and HQ coy, and they had to solve a problem of a hi-jacked plane and hijackers negotiating for free passage out of the country—among other things. The "plane" was a bus just outside Camp Victoria and Swedcon did solve the problem satisfactorily before lunch!



Part of the signal section at work. The signal station was set up on a hill and the communications were handled from here during Ex SIERRA 3. The picture shows signalman Pte Lars Borg and signal officer Capn Per Karlsson.

SIERRA 3 SWEDCON EXERCISE

By Ake Edwardson

The second exercise where Swedcon was very much involved was the Force Commander's practice where the goal was to train for an evacuation from a Swedish platoon-camp and to regroup on an OP nearby.

The third, last and biggest phase was also a simulated evacuation. This time it was an OP close to Athienou that had to be evacuated before noon. As written before, many units were involved as "alarmforces", and that included four ferrets from Scout Car Squadron. The ferret troop escorted the evacuated party along the patrol track.

Meanwhile, a MEDEVAC with ambulances and Alouette was arranged to move from different OPs to the first-aid dressing station at OP S 03.

This was the first time Swedcon's 79C-battalion had a chance to train for MEDEVAC in greater scale, and it was full activity in the dressing station all day long. In using the Alouette with the stretchers attached on the outside it gave quite a dramatic feel to the practice.



Spr Phil Greatrex laying tiles in a new shower/ablution block in a Sector 2 OP.

THEY ALSO SERVE

By Lt J C F Gamlin

Serving alongside The Second Battalion the Queen's Regiment in UNFICYP, as part of the Sector Two team, are a small number of British Army "specialists". The majority of them serve with the Battalion in all theatres of operations, whether it be UNFICYP, Germany, Northern Ireland, overseas or at home in England. Without them the Battalion could not operate and their expertise is invaluable.

Royal Engineers

The Battalion provides part of its own engineer support in the form of its Assault Pioneer platoon, but due to the extensive engineer tasks in UNFICYP a detachment of a dozen Royal Engineers, commanded by Capt David Phillips and Sgt John Day is under command of the Battalion. The RE specialists include a surveyor, an electrician, a plumber, a painter/decorator, a plant operator, two bricklayers, two carpenter/joiners and a driver (RE). Six of 2 Queens' own Assault Pioneers also come under Capt Phillips' control, since they are trained in engineer skills.

The tasks of the Engineer Detachment fall into three main categories: projects, maintenance and operations. Projects cover such tasks as the construction of a new OP (B14) and the building of an ablution block (B33 - where the REs carried out the first installation of solar panels by troops in UNFICYP). Maintenance covers the day to day upkeep of the line and the platoon bases, and minor repairs to the patrol track; the REs are also the only engineers in UNFICYP who are directly involved, at Sector level, with maintenance of both Greek Cypriot and Turkish Cypriot water pumps. Operational tasks are carried out both within the Sector, such as construction of field de-

fences and clearance of minefields, and also outside the Sector, involving the REs not only in mine clearance but also in assistance in construction of the road to D38 and the access road to Camp Siam.

Royal Signals

Assisting 2 Queens' own signallers in manning the Comcen 24 hours a day, seven days a week, is a small detachment of half a dozen members of the Royal Signals, under L/Cpl Jim Harvey and L/Cpl Brian Cable. They are responsible for operating the telephone exchange, taking on average 1,500 calls per week, as well as operating the teleprinter link. Although only with the Battalion whilst in UNFICYP, they have considerably lessened the workload on the Battalion's Signal Platoon who have been fully occupied throughout the tour.

Army Catering Corps

Sgt William Bird, ACC, is responsible for catering in Sector Two; with eight other cooks he feeds over 100 men in St David's Camp, while Cpl Dave Linus caters for 70 in the Box Factory, with four cooks. With the exception of Jubilee Camp, the remainder of the troops "on the line" eat and live in their seven platoon or section bases, by their OPs. The soldiers cook for themselves and there is a high level of competition between the OPs as to who produces the best food and has the most hygienic kitchen.

By the end of its six month tour the 330 plus members of the Battalion in UNFICYP will have consumed over 12 tons of meat, 100,000 eggs, 25,000 litres of milk and 13,000 loaves of bread!



Cfn Scotty Irving REME att 2 Queens.

Royal Electrical and Mechanical Engineers

Keeping Sector Two running, mechanically, is the job of the REME vehicle mechanics, under Sgt Peter Stockdale (our "Mr Landrover"). He and his team of three vehicle mechanics and a vehicle electrician (Cpl "Geordie" Clarke) repair, on average, 15 vehicles a week and service 10 more; their diligence and expertise in keeping vehicles roadworthy is vitally important in the UNFICYP road safety year.

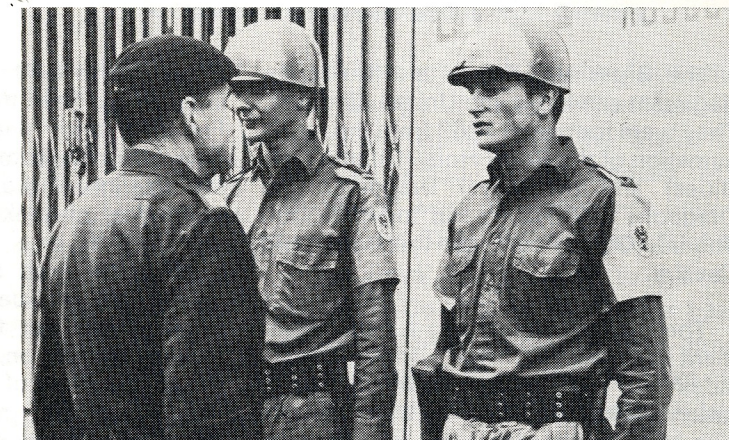
Also attached to the Battalion are Craftsmen Smith and Grieves, REME armourers, who service and check the Battalion's weapons, instruments and field cookers, and Sgt Peter Baker, the Tels Tech. who feeds the WOs/Sgts Mess zoo.(!)

Royal Army Pay Corps

Last but by no means least are the Royal Army Pay Corps, without whom Sector Two would soon dwindle away! Apart from the routine business of being the Battalion's "Bank", cashing cheques along the line and dealing with any pay problems, Capt Mike Crosby and his pay team organised a major voluntary savings and investment scheme for the Battalion called "Flight Plan 82". This was designed to enable all ranks to be able to afford to either fly to England for their leave, or to take a holiday in the Mediterranean—either locally or in Israel or Egypt.



LCpl Haselbacher sounds his trumpet as Gen Bernadiner, accompanied by LtCol Weber is welcomed at Camp Duke Leopold V by the Quarter Guard commanded by Lt Bair.



Gen Bernadiner talking to LCpl Angleituer; the other soldier is LCpl Kobler.

4 Stars for Gen. Bernadiner!

AUSTRIAN ARMY COMMANDER VISITS THE AUSTRIAN BATTALION

By Maj. Freddie Lugert

Photos by Cpl Gunther Stubenvoll

General E. BERNADINER, Commander of the Austrian Army visited the United Nations Austrian Battalion this April on its 10th Anniversary. Lt Col Helmut WEBER Comd AUSCON welcomed the General at Larnaca Airport followed by a Guard of Honour at the Austrian Camp Duke Leopold V in Famagusta. The General visited various installations in the camp and most of the OPs and LPs in Sector Six, where he had many talks to all ranks concerning their duties and their recreational activities. General BERNADINER also honoured the three Austrian soldiers who were killed in action during the '74 war in Cyprus, whose memorial is near the village of GOSHI on the Larnaca-Nicosia road. The General expressed his very positive impressions of the Austrian militia concept, which also applies to the United Nations Austrian Battalion on Cyprus, where about 80 percent of its soldiers are reservists in the Austrian Federal Army.



Gen Bernadiner listens to Sgt Walla who is playing backgammon with LCpl Arbesser as Pte Tischler looks on.



Gen Bernadiner has coffee with the men, left to right:- LCpl Martetchlager, Sgt Hinker, LCpl Hollinger, Gen Bernadiner, Maj Binder (ADC).



A Scimitar armoured reconnaissance vehicle on exercise in West Germany.



UNFICYP SCOUT CAR SQUADRON

THE BLUES AND ROYALS

(ROYAL HORSE GUARDS AND FIRST DRAGOONS)

By Major Peter Rogers

UNIT FEATURE



A Chieftain Tank on exercise in West Germany.

concluded the war with the liberation of Copenhagen in May 1945.

The end of the War did not, of course, bring peace, and the period since 1945 has taken both The Blues and Royals to a variety of trouble spots; Berlin during the blockade of the late 'forties', Egypt during the Canal crisis, Aden, Malaya and Singapore, and several tours in Northern Ireland since 1969.

The Blues were the only armoured Regiment to serve in Cyprus throughout the EOKA Campaign of 1956-59. In addition this is by no means the first occasion on which the Blues and Royals have worn the blue UN beret. The first time was in October 1971, with subsequent tours in 1974 and 1981.

As might be expected, a Regiment with such ancient antecedents has a curious series of customs and privileges. They are among the few Regiments to hold the Freedom of the City of London. The Rank and File (but not officers), salute with or without head-dress—a custom which arose after the battle of Warburg 1760 when the Colonel of The Blues, Lord Granby, reported his victory to the King without hat and wig, which he had lost in the charge.

All non-commissioned officers wear a crown above their chevrons, to mark the post-Waterloo decision of the Prince Regent, later George IV to appoint himself as Colonel in Chief of the Blues. Non-commissioned Ranks are always addressed as Corporal, never Sergeant, since Corporal was a rank exclusive to 'heavy cavalry' or Horse Regiments.

The home base of The Blues and Royals is Windsor and the Regiment has had a permanent connection with the

Royal Borough since October 1804 when King George III brought The Blues (his favourite Regiment) to the town. The King appointed himself Captain of a Troop and wore the Regiment's uniform constantly. Thus the Windsor Uniform of the Royal Family, worn to this day, when the Court is at Windsor, is based on the uniform coat of The Blues during the Napoleonic Wars. It is still worn, less the braid which Prince Albert considered old fashioned and the tails which have been found impractical. The Colonel in Chief of the Blues and Royals is always the reigning Monarch.

Because of their status as troops of the Royal Household both The Life Guards and The Blues and Royals each provide a Squadron for mounted ceremonial duties in London. This Regiment is called the Household Cavalry Regiment and is stationed in Knightsbridge in London. Nearly 200 horses are stabled in this barracks to provide escorts for Her Majesty on State occasions, and a daily Ceremonial Guard at the official entrance to Buckingham Palace in Whitehall. Soldiers serving with the ceremonial Regiment can also serve with the armoured car Regiment, and a number of the personnel in 'A' Squadron, on the current United Nations tour, have also ridden on state occasions in London.

Every 5 years The Blues and Royals change roles with The Life Guards, and move from the armoured car Regiment at Windsor, to the armoured Regiment, equipped with Chieftain Tanks, in Detmold, West Germany. Many members of the Regiment have taken part in exercises in Denmark and Suffield Canada, as well as working alongside other NATO armies in Germany.

Scots Greys and Inniskilling Dragoon Guards, captured the colour of the 105th French Infantry with its gilt eagle finial. This action is commemorated today by the wearing of the French Eagle on the uniform of all ranks of the Regiment.

In 1820, as a result of their action with The Life Guards at Waterloo, and as a compliment to their Colonel, The Duke of Wellington, The Blues were raised to the status of Household Cavalry which included responsibility for the mounted protection of the Sovereign.

During the remainder of the 19th century both Regiments had several spells of service overseas. The Royals fought in the Crimean War against Russia 1854-56, and here they charged again with the Scottish and Irish Cavalry in the Heavy Brigade—a copy-book charge which preceded the disastrous but more famous Charge of the Light Brigade. In 1882 The Blues took part in a moonlight charge at Kassassin. In 1885 both The Blues and Royals provided volunteers in the Heavy Camel Regiment which relieved Khartoum in the Sudan after the murder of General Gordon. In 1889-1902 both Regiments were part of the largest army which had ever left the shores of Great Britain, to fight the Boer farmers in South Africa. It was here that, for the first time, they exchanged their blue and scarlet tunics for the recently introduced khaki.

The Blues had a number of roles in the 1914-18 World War, as cavalry and infantry, and as a machine gun Regiment. They were in action in all three of the major battles of Ypres. The Royals retained their role as cavalry but manned the trenches frequently with the infantry.

In the 1939-45 War, both Blues and Royals began the war as cavalry in Palestine and fought as armoured car Regiments in Africa and Italy. They ended the war in North West Europe. It fell to the lot of 'A' Squadron of the Blues to reach Brussels at the liberation of the city on 3rd September 1944, while The Royals



A Trooper taking part in "the musical ride".



The Blues and Royals marching in a parade.

Blue Beret SPORT

ATHLETICS

Photographs by Sgt Frank Voice



Pte Desmond (Dusty) Miller of A Coy 2 Queens, winner of the Long Jump.

2. 200 Metres

1st LCpl HOWES	Sector 2 24.3 secs
2nd LCpl THOMPSON	Sector 2 24.7 secs
3rd LCpl WALCH	Sector 6 25.5 secs

3. 400 Metres

1st Pte McPHERSON	Sector 2 54.1 secs
2nd LCpl LOCKINGER	Sector 6 55.0 secs
3rd Pte HORMAN	Sector 5 55.0 secs

4. 800 Metres

1st Sgt ENGEL	Sector 6 2m 5.2 secs
2nd LCpl CROSSLAND-PAGE	Sector 2 2m 12.3 secs
3rd Pte WHITEING	Sector 2 2m 13.9 secs

5. 5000 Metres

1st WO2 KARLSON	Sector 5 17m 21.9 secs
2nd Pte LOWE	Sector 2 17m 49.4 secs
3rd LCpl McCAULEY	Sector 2 17m 52.5 secs

6. Javelin

1st Sgt ENGEL	Sector 6 164ft
2nd WO2 ANDERSON	Sector 5 146ft
3rd Gnr WIERING	Sector 4 141ft

7. Shot Putt

1st Gnr WIERING	Sector 4 11m 25cm
2nd Bdr MATTIA	Sector 4 10m 93cm
3rd Pte JOSEPH	Sector 2 10m 77cm

8. Discus

1st Sgt FOLKEBRAND	Sector 5 30m 88cm
2nd Pte GILL	Sector 2 28m 66cm
3rd Pte O'CONNOR	Sector 2 28m 37cm

9. High Jump

1st Pte MILLER	Sector 2 1m 90cm
2nd Pte EMKSON	Sector 5 1m 90cm
3rd WO2 LYBECK	Sector 5 1m 67cm

10. Long Jump

1st Pte MILLER	Sector 2 6m 20cm
2nd Pte EMKSON	Sector 5 6m 11cm
3rd Sgt FOLKEBRAND	Sector 5 5m 90cm

11. 4 X 100 Metres

1st Sector 2	46.9 secs
2nd Sector 5	48.9 secs
3rd Sector 4	48.9 secs

12. 4 X 400 Metres

1st Sector 5	3m 41 secs
2nd Sector 2	3m 45 secs
3rd Sector 6	3m 46 secs

13. Final Positions

1st Sector 2	134 points
2nd Sector 5	108 points
3rd Sector 4	65 points
4th Sector 6	60 points
5th Sp Regt	30 points
6th FSC Sqn	19 points

On 16 April Sector Two hosted the UNFICYP Athletics Competition at the Dhekelia ground. The competition was won by Sector Two with Sector Five as runners up. Pte Miller (Sector Two) personally excelled in the competition in that he won the 100 metres, the high jump, the long jump and was a member of the 4 X 100 metres winning team.



Sgt Johann Engel Sector 6, winner of the Javelin event.

RESULTS

1. 100 Metres

1st Pte MILLER	Sector 2 11.8 secs
2nd Pte POLLARD	Sector 2 11.9 secs
3rd LCpl WALCH	Sector 6 12.3 secs



THE WINNING TEAM - SECTOR 2

Front Row:- LCpl Howes, LCpl Thompson, Pte Miller, Lt Col Packham, LCpl Crossland-Page, Cpl McAuley, LCpl Thomas, SSgt Delany.
Second Row:- Pte Pollard, Pte Matthews, Pte Lowe, Pte Aywood, Pte Schooling.
Third:- Pte O'Connor, Pte Bowen, Pte Fisher, Pte Carty, LCpl Arnold.
Fourth Row:- Pte McPherson, LCpl Hoade, Pte Price, Pte Joseph, Pte Pudwell, Pte Seale, Pte Gill.

Blue Beret SPORT

BADMINTON



Photographs by Sgt Frank Voice.

RESULTS

Team: 1. SWEDCON	8 points
2. DANCON	7 points

3. HQ UNFICYP	
CANCON	
SUPPORT REGT	2 points
SECTOR TWO	

Doubles: 1. Pte Asgardh, Pte Strandh (SWEDCON)
2. Sgt Webber, Cpl Gobgil (CANCON)

Individual: 1. LCpl Jensen (DANCON)
2. WO2 Andersson (SWEDCON)
3. Lt Stern (DANCON)



Brigadier Bastick shakes hands with LCpl Jensen (individual winner).



Brigadier Bastick with the doubles winner (L to R Pte Asgardh, Pte Strandh)



he winning SWEDCON team (L to R WO2 Andersson, Pte Strandh, Capt Wernhult, Pte Oskarsson and Pte Asgardh).

The individual winner in action.



ROAD SAFETY YEAR 1982



APRIL RESULTS

The following units stayed within the monthly accident ceiling:

SECTOR 4
SECTOR 5
SECTOR 6
SP REGT
FSC SQN
AUSTCIVOL
SWEDCIVPOL
HQ UNFICYP

The projected accident saving over 1981 figures inched up to 29% from 27% a month earlier.

Out & About in Cyprus

Boardsailing, windsurfing—or whatever you want to call it—is the fastest growing recreational sport. Like most other sports it looks so easy but as in other sports it is the learning that is so frustrating. No sooner have you stood up than you lose your balance and fall into the water. I learnt to windsurf last year and although I have tackled many sports and still pursue a fair number, windsurfing proved to be the quickest way to lose my temper.

In the right conditions for beginners which are:- a light offshore wind, a calm and warm sea, you will get underway fairly quickly. The first hurdle of course is turning around and naturally this takes a little longer. The temperature of the sea in Cyprus and the hot sunny days make up for those numerous occasions that you fall in.



"... after failure after failure". You are ready to "throw in the towel" ... Don't give up!?"

The conditions are right and you suddenly find that you are sailing to and fro quite happily. You begin to wonder what all the fuss was about when all of a sudden the wind gets stronger. Over you go and every time you stand up and pick the sail up you fall in. This is the time that

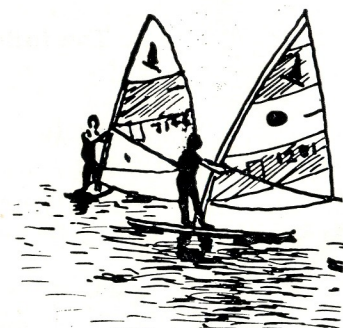
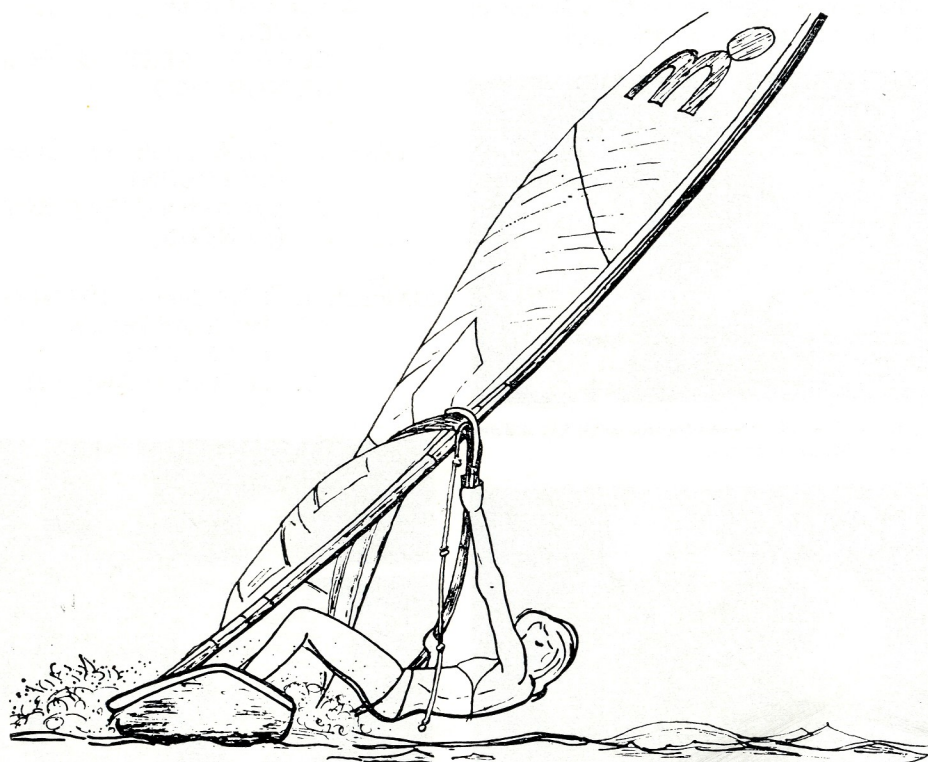
you really swear under your breath and after failure after failure you are ready to "throw in the towel". Don't give up — you must get the mast tilted forward towards the bow and you must counteract the pull on your arms by bending your legs and leaning back. Have a rest, have a drink, relax and then give it another go.

You will surprise yourself when you suddenly get that exhilarating feeling of "whizzing along", the spray flying and a sense of conquest. "At last I've cracked it". Well you have, almost, until you experience the offshore wind.

Remember all those windsurfers who drift further and further away from shore — yes, it's the offshore wind that was the cause of it all. Before letting your board take you away from shore, practise like mad and make sure that you have some-

one on the beach keeping an eye on you. With the best will in the world, you, like every other surfer, will end up having to be rescued! If rescue does not seem close at hand then take down the mast and roll up the sail. You will find that you can place the whole lot on top of the

surfboard. Then lie flat on your stomach and you will be surprised how fast you can paddle towards shore using your hands and arms.

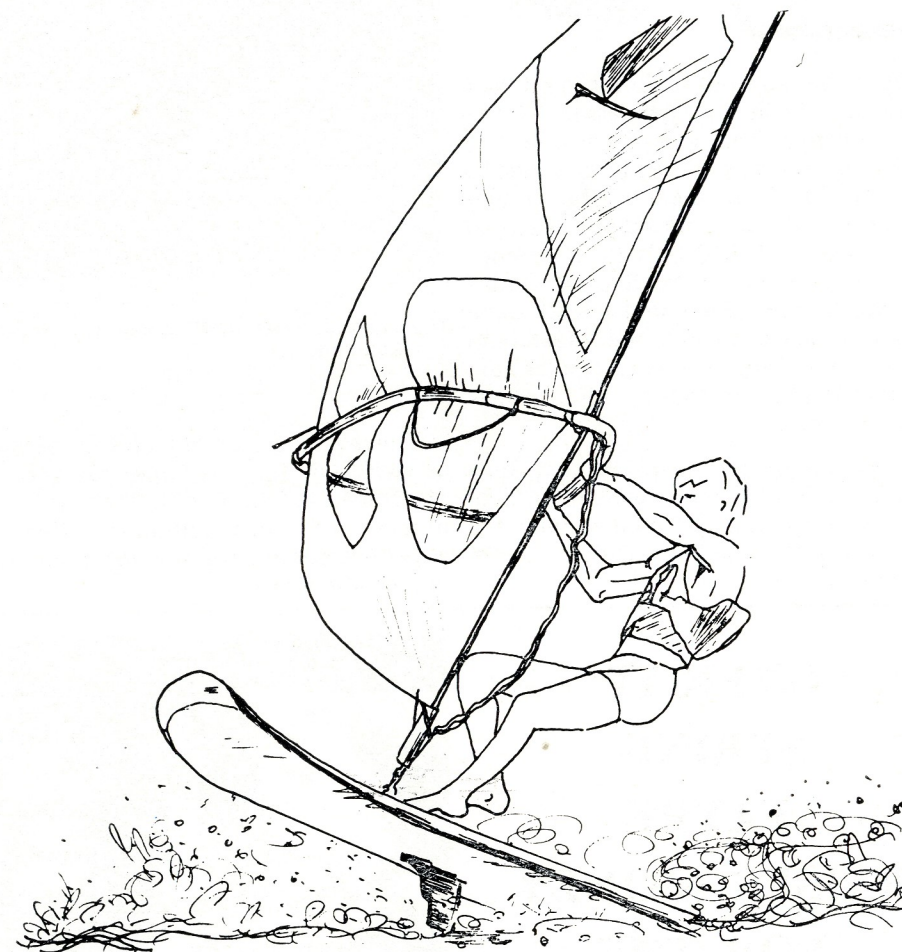


"COME

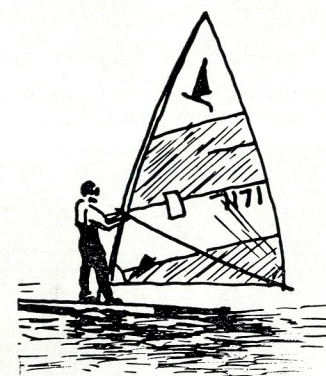
ARTICLE BY TIM WHITEHEAD

WINDSURFING"

ILLUSTRATIONS BY PRISCILLA WHITEHEAD

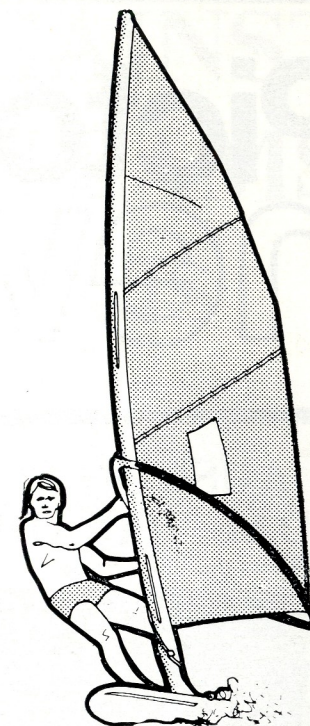


Every windsurfer goes through this humiliating routine but be rest assured that "practice makes perfect" and soon you will be the envy of all the beginners.



Not long afterwards you will be waiting for the stronger winds so that you can lean right back and dip your head in the water as you speed along, spray flying and at one with the elements.

All very well you say but what about getting hold of a board and some instruction? Most of the popular beaches in Cyprus have boards for hire and offer instruction. Some contingents in UNFICYP run windsurfing courses where boards and good instruction are available. My advice is go on a course or if you are lucky enough to have some windsurfing friends then chat them up. Do not make the mistake of trying to learn on a racing board or board for advanced windsurfers. There are plenty of basic boards around which are ideal for learning. If you are impatient like I was then buy a board, put it on your roof rack of



your car and head for the sea. The advantages of having your own board by far outweigh the disadvantages.

It is well worth wearing suitable footwear such as plimsols or gym shoes but there is nothing like having your own rubber windsurfing boots. Your board may well provide a grip for bare feet but when the wind gets strong you may find that your feet are swept away. One answer is to cover your board with non-slip rubber matting (This is what I did to my board). You should also wear a buoyancy jacket for safety!



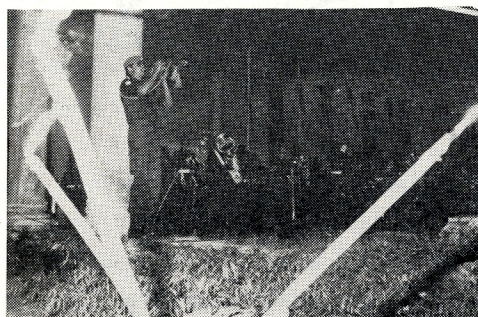
Summer's here in Cyprus so make the best out of the sun and sea — come windsurfing!

Pictorial news



AUSCON MEDAL PARADE

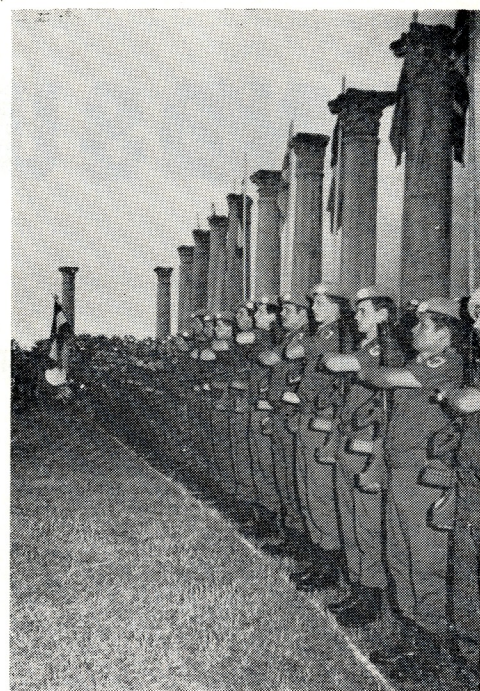
Photos Sgt Frank Voice



The AUSCON trumpeter, LCpl Andreas Haslebach, with the Band of 2 Queens in the background.

On Friday 23 April AUSCON held their medal parade in the Gymnasium of ancient Salamis. This was a new venture as the last parade had been performed in the Salamis Amphitheatre. The setting for the parade gave an added touch to the occasion. AUSCON's lone trumpeter and the Band of the Second Battalion the Queen's Regiment added some colourful music. Despite the threatening storm clouds and a few drops of rain the parade was completed without a major downpour.

The Force Commander, Maj Gen Gunther Greindl was the reviewing officer and presented the UN medals with the help of the Commanding Officer, Lt Col Helmut Weber.



The soldiers of AUSCON on parade in front of the Columns.

The evening did not end at Salamis as AUSCON had also arranged the use of Othello's Tower with the kind permission of the local authorities. This was a perfect setting for the reception and dinner afterwards.

UNFICYP SPRING FAYRE RAISES MONEY FOR THE CYPRUS DISABLED

Photos by Sgt Frank Voice

On Saturday 24 April UNFICYP held a Spring Fayre at the Community Centre, UNPA, Nicosia. The afternoon was a great success with just over £1,600 raised for charity. This money will be used for the disabled children in Cyprus.

A lot of effort was put in by members of the Families Club, ably chaired by Mrs Anne Bastick.

The Fayre was opened by the SRSG, Dr Hugo Gobbi and a special thank you goes to Fl Lt Paddy Walsh for his efforts as it does to all the numerous helpers and stand organisers who helped to make the Fayre the success that it was.



The Commander AUSTCIVPOL Ch Supt Dick Allatson on the AUSTCIVPOL kebab stand.



The COS Brig Desmond Bastick tries to hit the release that dumps the girl into the pool.

UNFICYP PLAYS AGAINST LOCAL CYPRIOT TEAMS

FOOTBALL



Cyprus team gets possession of the ball.

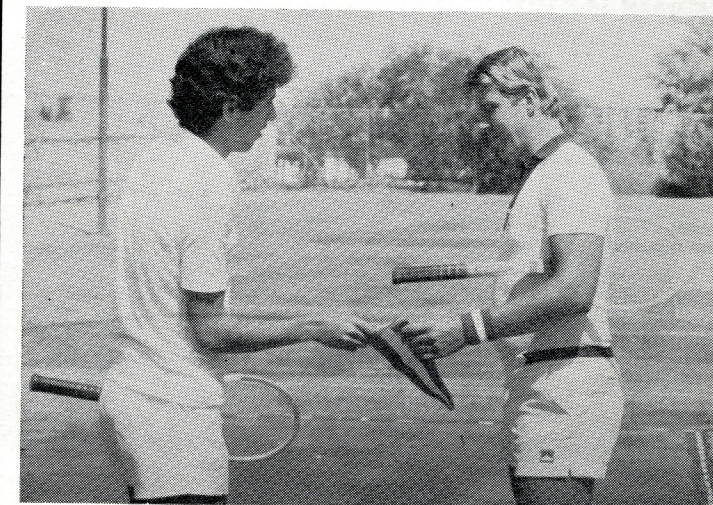
GREEK CYPRIOT TEAM

On Wednesday 28 April the UNFICYP football team played a friendly match against the Cyprus national amateur team on the UNPA football ground. After a hard-fought match with the Greek Cypriot footballers the UNFICYP team won 2-0. The goals were scored by LCpl Trevor Heajen (DANCON) and LCpl Heinrich Jensen (DANCON).



The winning UNFICYP team (from left to right) top row:- Werner Mueller, Ake Eriksson, Heinrich Jensen, Billy Holmes, Michael Eriks, son, Max Muehltaier; bottom row:- Bernt Karlsson, Karl Walch, Fleming Ringaard, Brian Perry (Team Captain), Trevor Heaven-Svanko Mlakar.

TENNIS



Team Captains (On the left Ogurol Oksuzoglou receiving the Austrian pennant from Capt Reinhard Roehle).

TURKISH CYPRIOT TEAM

The Turkish Cypriot youth team (boys under 18) have played several matches with an AUSCON tennis team. On different occasions both teams have taken their turns at winning.

These friendly matches were a useful warmup for the Turkish Cypriot lads who expect to be in Turkey this month for friendly matches there.



Members of the two tennis teams.



UN NEWS



LOCAL AMBASSADORS IN CYPRUS

**FAMILIARISE THEMSELVES
WITH UNFICYP**

Photos Sgt Frank Voice

On two separate visits the following Ambassadors were shown around UNFICYP.

Australian High Commissioner to Cyprus -

HE Miss Mary McPherson

Bulgarian Ambassador to Cyprus -

HE Mr Bocho V Bochev

GDR Ambassador to Cyprus -

HE Mr Guenter Schurath

USSR Ambassador to Cyprus -

HE Mr Sergei T Astavin



The USSR Ambassador HE Mr Sergei T Astavin with the COS, Brigadier Bastick.



The Ambassadors listening to a briefing by a Canadian soldier as the Force Commander and Battery Commander look on. (L to R) HE Mr Schurath, HE Mr Bochev, Maj Gen Greindl, Maj Learmonth, HE Miss McPherson.

The majority of UNFICYP's work is confined to the Buffer Zone and the Ambassadors found the visit both informative and interesting. The Force Commander will be arranging familiarisation visits for other Ambassadors to Cyprus so that they too will have the chance to learn more about UNFICYP from first hand experience.

They were able to visit a British OP, a Swedish OP and do a complete tour of the Green Line through Nicosia manned by soldiers of the Canadian Contingent. Prior to the familiarisation tour the Operational Staff gave the visitors a full brief on UNFICYP.



The Force Commander explains a point of interest after a briefing at a Swedish OP. (L to R) Backs to camera HE Miss McPherson, HE Mr Bochev, HE Mr Schurath Lt Col Ask (CO Sector 5), Maj Gen Greindl, Maj Jennson.