

THE BLUE BERET



NOVEMBER 1982



OCTOBER IN RETROSPECT

ROTATIONS

The Swedish Contingent
The Swedish Civilian Police

MEDAL PARADES

14 The Australian Civilian Police
22 The Austrian Contingent
254 Signals Squadron
60 Squadron Royal Corps of Transport

VISITS

4—11 Lt Col A Hojbjerg paid a familiarisation visit to the Danish Contingent.
5—7 Messrs Edman, Andersson and Jarebro visited the Swedish Contingent.
7—9 Brigadier General Casey, accompanied by Lt Col Monahan, Captain Waters and Mr Mulvaney visited UNFICYP.
7—14 Mr D Leake of the Gloucestershire Echo visited 1 Glosters.
8 Brigadier H G Meechie ADC visited UNFICYP.
8—11 Colonel P V Crooks and Lt Col R Steel visited UNFICYP.
9 Wing Commander R M Sparkes and Squadron Leader B Nicolle flew to UNFICYP.
10—17 Messrs G Sundholm, H Ekstrom and G Ernmark visited the Swedish Contingent.
11—14 Vice Admiral D Mainguy, Brigadier General A Brown and Major W Sliwinski visited the Canadian Contingent.
13 HRH The Duke of Gloucester visited UNFICYP.

14—15 Miss A Hansson and Mr T Lindblom visited the Swedish Contingent.
17—28 Messrs S Lundqvist and Mr B Andersson visited the Swedish Contingent.
18—21 Lt Gen Nils Skold, accompanied by Col S Wiberg and Lt Col C Blomqvist visited the Swedish Contingent, and HQ UNFICYP.
20—27 Sergeant G Ernst RAEME visited UNFICYP.
21—28 Major C MacKenzie-Beevor visited the British Contingent.
21—28 Lt Col J Smith-Bingham visited the Force Scout Car Squadron.
22 Major General C Palmer CBE visited UNFICYP.
24—25 The Right Reverend G Snell visited UNFICYP.
25—30 The Swedish National Police Commissioner, Mr H Romander, accompanied by his assistant, Mr U Waldau, Chief Superintendent Y Larsson and Mr B Hjert visited the Swedish Civilian Police.
26 Air Chief Marshal Sir David Evans GCB CBE visited UNFICYP.
26 Oct—3 Nov Major Marsh, Mr J Bertrand and Mr and Mrs W Pitcher visited the Canadian Contingent.
28 Col A J Simmons and Col P Forshaw OBE visited UNFICYP.

UNFICYP COMPETITIONS

20—21 Military Skills Competition
29—30 UNFICYP Tennis Tournament

FUTURE EVENTS

Wednesday, 17 November at 7.30 pm

At the American Centre, Nicosia

"The Night of the Hunter" — The haunting tale of murder, religious fanaticism and childhood innocence. This 1955 film was the only movie directed by Charles Laughton. It is powerful and gripping cinema, with excellent writing and a fine performance from Robert Mitchum.

Thursday, 18 November at 7.30 pm

At the British Council

Concert of works for piano and for accompanied clarinet,

violin, guitar and flute. This is an experimental venture intended to encourage talented young musicians in their studies by giving them the opportunity to perform in public.

Wednesday, 1 December

At the American Centre

"The King and I"

Further details from the American Centre. Tel: Nicosia 73143

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The Blue Beret is the house journal of the United Nations Force in Cyprus and, as such, is intended to provide a source of information on current events within the Force, on UN matters of general interest and on local tourist advice.

Articles of general interest are invited from all members of the Force. Descriptions of recent local events or of visits to places of interest are welcome. Illustrations are most welcome. Photographs should be in black and white on glossy paper. This is an official publication prepared under the direction of the Force Commander. The views expressed are, however, those of the author concerned and do not necessarily conform with official policy.

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on the cover

A view from the passenger seat of a ground crewman from UNFICYP Flt AAC

Photograph: Sgt Frank Voice

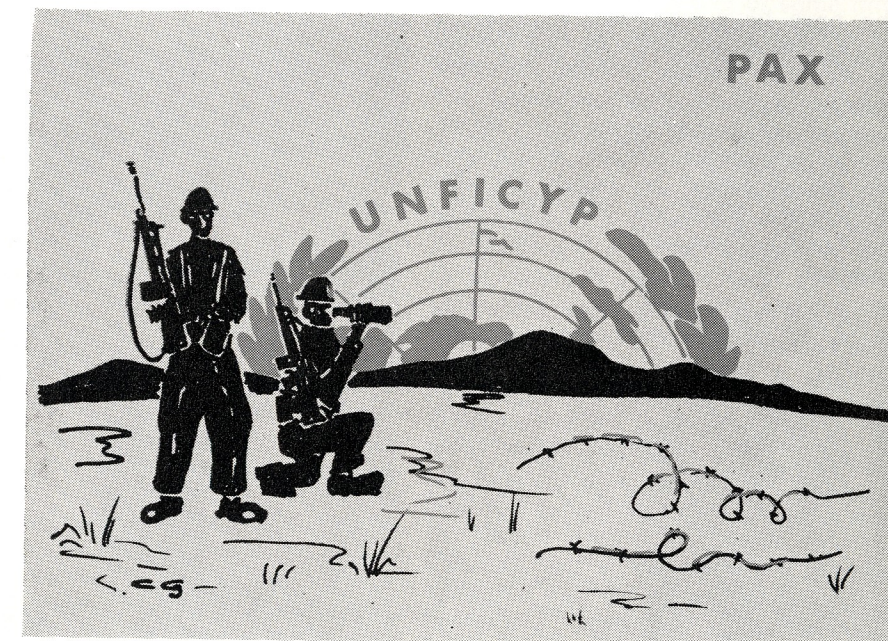
THE BLUE BERET



Editorial

My plea for artistic talent to come forward has been answered. We shall look forward to receiving the ladies' voluntary help in the future.

The UNFICYP Christmas cards have arrived. Contact the procurement officer on Extn 2136 for further details.



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AUSTCIVPOL - Attending the call for help!

By Inspector Mark Anstee

Photographs by Sergeant Frank Voice

Inspector Lloyd Schmidt, the new leader of the Northwind and Southwind patrols carries out patrols of a different kind. He propagates the mission of the UNHCR (United Nations High Commission for Refugees) by co-ordinating supplies of foodstuffs, medicines and prosthetics provided by the Red Cross Society, pensions, meetings and communications between members of families who have been separated by circumstance. The reciprocants of this UN aid are minority groups isolated by their heritage, a prime example being the Maronite community living in the North. Just as importantly, supplies and friendship are proffered to Greek Cypriots living in the North (by SWEDCIVPOL) and Turkish Cypriots in the South at Limassol.

The UN has been providing this type of aid since the 1974 conflict. AUSTCIVPOL, a relatively small contingent, supervise this humanitarian function as part of its multifaceted UN contribution. Recently, Lloyd took over from Chief Inspector Pat Conroy who initiated the liaison for the 19th Contingent, but who has now moved on to other duties. Integral in the operation is the Assistant Economics Officer for the 2nd Battalion, Gloucestershire Regiment, Lieutenant Kerry Rees and the men of the Royal Corps of Transport, BRITCON, the last of whom move the goods with their trucking facility. The RCT also provide the indispensable link in similar operations carried out by SWEDCIVPOL in the Karpas area of the "panhandle".

But what of the people who find themselves in need of this type of aid? The Maronites, an extremely interesting and unique group of people on the island, fled to Cyprus in the first half of the 12th century from Asia Minor because of religious persecution. They are Christians who owe a strong allegiance to the Roman Catholic Church. Now settled in the NNW portion of the island, the majority in Kormakiti village, the Maronites have as a group lived intermittently in various parts of the island. They speak, but neither read nor write, a folk language called Aramic, passed down from the elders beginning at the time of Christ and reasonably well developed by the time the sect was consolidated by Father Maron in the 4th century. It is a language common only to this small group and it is doubted whether the Cyprus dialect shows much similarity to the one spoken by their brothers living in the vicinity of Mount Lebanon in Syria. Even this strongly knit group find the pressures of

modern society creeping in whereby the children are stepping out of nearly forgotten cultures in the village unit to the bright city lights.

AUSTCIVPOL contingents have experienced many human interest stories, sometimes happy and sometimes not so. Some of Lloyd's travels have found him involved with young children with serious walking difficulties, but who have overcome some of their troubles with

orthopaedic help from UN supplies. AUSTCIVPOL have given support at UN level to individuals sorting out problems with Court, including probate matters and the organisation of family reunions amongst other things. The singular female Muktar (head of the village) living on the island in Kyrenia and the nuns of Kormakiti belong in the circle of acquaintances kept by UNFICYP/AUSTCIVPOL in the North and South.



Inspector Lloyd Schmidt briefs Driver Paul Davies of 60 Sqn RCT.



One of the tasks of AUSTCIVPOL is to distribute pensions to the Maronites living in the north.



SWEDCON

DEMOCRACY IN THE FIELD

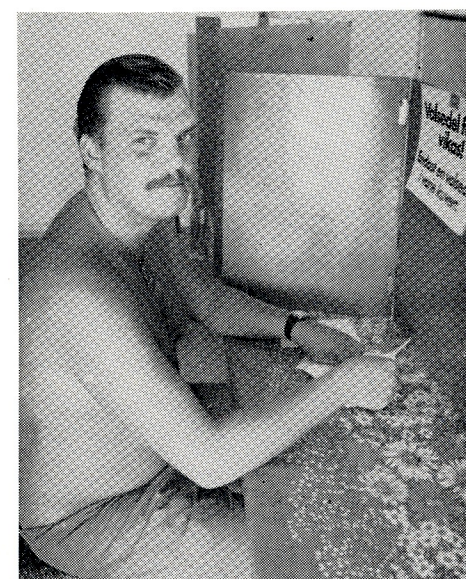
By Major B Ericson

At OP S-00 in Sector 5 two Swedish officers are standing by the open luggage boot of their staff car, collecting envelopes from the crew of the OP and filling in a list on a cardboard box. Soldiers looking on through the loop-holes of the nearby trench just beyond the CFL may wonder what's going on in the BZ. Presumably they have not guessed that it is the general election of Sweden, thus being conducted in Cyprus!

On 19 September the Swedish people went to the election stations to elect a new parliament (Riksdagen) for the next three years (a rather short period compared with other countries). They had to elect 349 members. Sweden has not, as in England for example, one-seat constituencies. There are only twenty-eight constituencies and the representation is strictly proportional. But parties which get at least 4% of the votes take seats in the parliament. Five parties are represented: the Moderates (conservatives), the People's Party (liberals), the Centre Party (earlier the Farmers' Party), the Social-Democrats (the biggest party) and the Communists (the smallest party).

At the same poll the members of twenty-five county councils and 284 municipality councils are to be elected. So the Swedish voter must have three different voting papers, put them in three different envelopes and give them to the presider at the poll.

Living in Cyprus, the Swedish UN soldiers have still the right to vote, like other Swedish citizens abroad. In order to give the members of SWEDCON the



Chief cook Hannes Gustavsson of SWEDCON 2 coy puts his vote in the envelope. He is not telling anyone for which party he voted . . .

opportunity to make use of their vote Major Bo Ericson (Legal Adviser) and Major Bert-Ola Wallin (Chief Pers) were driving a few weeks before 19 September around to Camp Victoria, Camp Siam, Gold Fish Camp and Camp Polar and even to OP S-00 as we have seen above. They transformed a dining-room or a briefing-room into a polling station. Willing assistants from the companies helped to arrange the queue, distributing the voting envelopes and showing how to complete them. Many of the young soldiers were, in fact, voting for the first

time, although a Swedish citizen gets the vote at eighteen. (Let us hope that the assistance did not include telling them what party to choose!)

All the voting material had been sent down from Sweden. But the skilled craftsmen of the Pioneer Squad had made the boxes for the voting papers of the different parties and the screens to protect the privacy of suffrage.

The two presidors collected the envelopes and registered the voters. It was a hot job but sometimes friendly cooks presented a glass of beer or some other refreshment at the polling-table. (Of course, this doesn't happen in Sweden!)

In all, 326 persons voted, including some dependants. That means a participation in the election of more than 80%. The votes were not counted in Cyprus but were sent to Sweden and distributed to the voters' electoral districts in time to be counted together with the other votes the night after the election. So nobody knows how SWEDCON voted.

However, we now know how Sweden voted. The election was a defeat for the centre-liberal coalition government, led by Mr Torbjorn Falldin. Although the moderates won several seats, the non-socialist party lost its weak majority (one seat). Also gaining many seats, the social-democrats won with a majority of 166 seats in the new parliament. Their leader, Mr Olof Palme, the only Swedish politician who is internationally known, is again prime minister after six years as leader of the opposition.

THE SALT LAKE OF LARNACA

By Capt L Lundblad

Photographs by Fredrik Helmertz

Just before landing at Larnaca airport passengers who arrive in August and September can see a white field, surprisingly different from the others.

For eight months out of the twelve this is the Salt Lake of Larnaca, with a picturesque colony of flamingo birds as guests during the winter. For the other four months it's just plain salt, now subject to harvest by about fifty labourers assisted by donkeys, which carry the salt from the lake-bed to stockpiles nearby.

Approximately 50,000 tons of salt will be dug out of the dried lake for both domestic use and export purposes. Several years ago, the lake was filled by natural sources through the thin string of sand which separates it from the sea. Nowadays the administration of state properties has installed huge pumps to guarantee a good salt harvest every year.

The work out there in the blazing sun is hard and consequently well-paid. For one and a half months' work, the labourers receive about 1,000 Cypriot pounds.

The Salt Lake lies just below SWEDCON's HQ-Camp Victoria. For fun the Swedish soldiers call the lake their "own nature-calendar". It's not that accurate, but at least you can see which time of the year it is by looking at its different stages.



Donkeys on one of their many daily trips across the salt lake.



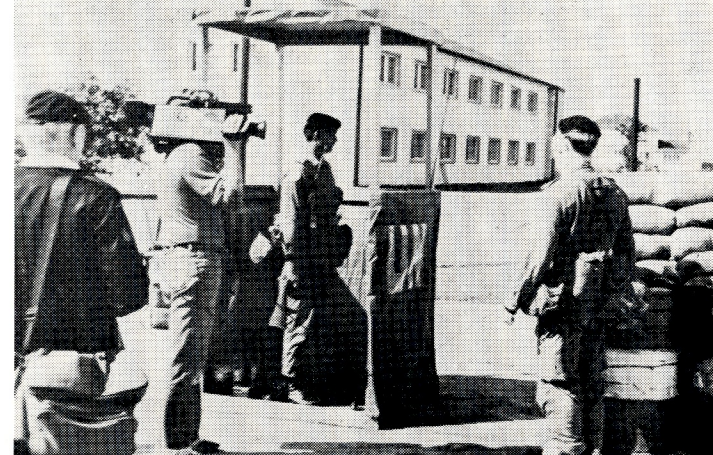
All round observation with an effective means of communication.



Shift change on the Green Line, Kapyong Barracks.



Captain Doug Martin briefing several members of the Winnipeg media in the Joint Operations Centre.



"Lights, camera, action!" Private Anandappa on an OP, posing for members of the Winnipeg media.

EXERCISE BITTER LEMONS

By Captain Ted Dillenberg



The preparation for a UN tour of duty in Cyprus requires that training be geared towards the peacekeeping role. It was no different for the Second Battalion Princess Patricia's Canadian Light Infantry from Winnipeg, Manitoba which assumed control of Sector Four, 29 September 1982.

The question was, "How does a mechanized infantry unit conduct realistic peacekeeping training in the 'concrete jungle' of Winnipeg, a city with a population of 561,000?" The answer was Exercise BITTER LEMONS, a three-day training exercise conducted at Kapyong Barracks from 1 to 3 September 1982.

The objective of the exercise was to practise peacekeeping duties by simulating as many of the conditions that would be encountered in Cyprus. The unit garrison was transformed into a "Green Line" dotted with UN Observation Posts. OP routine, vehicle patrols, left-side driving and reporting of incidents were some of the areas practised. Even the CO and RSM injected several incidents into the exercise play. The Joint Operations Centre (JOC), which was organised by Captain Doug Martin (Senior Duty Officer) controlled all phases of the exercise, in addition to practising the duty officers and various elements of Headquarters Company. As a result of the interest generated by the exercise, members of the Winnipeg media came out in full force to cover the event.

On the balance, Exercise BITTER LEMONS achieved its aim. It was particularly beneficial to the soldiers of the Battalion, the majority of whom had never been on a UN peacekeeping mission. About the only things missing were the kebab stands and the Cyprus weather.



The hatbadge and beret are soon to change, but mastering the principles of OP duty is the important thing.

AUSCON'S DOCTORS

By Captain Peter Mulacz



A couple of weeks ago — as some of you may remember — a serious accident happened involving a Scout Car. A Ferret overturned on the patrol track near our OP A17. The soldier sitting in the turret of the Ferret was seriously injured. AUSCON's SMO, Captain A Schoepl MD, was called to the scene of the accident. He immediately gave first aid and called for a helicopter because of the seriousness of the case, which was tasked by DO/Sector 6 via JOC/HQ UNFICYP.

Captain Schoepl's immediate attention saved the life of the injured soldier and he arrived at TPMRAF Hospital, Akrotiri just in time, although an intermediate stop-over had been necessary to conduct several life-saving actions on the patient on steady ground.

Don't think all actions of AUSCON's doctors are as dramatic as that. The first task of both the SMO and the MO, Captain G Sobotka MD, is to provide the CO with the information necessary to ensure good health, as prevention is better than cure. The primary task of the medical personnel is to treat the soldiers of the



Bearded Captain Schoepl MD is seen in front of a cross-country Pinzgauer medical vehicle which is made in Austria.

Austrian Battalion and their dependants. Besides UNFICYP personnel, Cypriots are also treated on certain occasions, and first aid is rendered to everyone who needs it.

There was a British tourist suffering from a severe kidney complaint. Captain Schoepl brought the acute suffering under control and some hours later the situation of the patient was satisfactory.

In another case the fourteen-year-old son of a German family spending their

holidays in Salamis was pricked by a poisonous fish. The boy was severely poisoned and suffered shock and heavy pain. Our CMO was called out and, after treating the boy for shock, tried to get more information about the kind of poisoning and the necessary treatment. The poison information centre in Vienna, Austria was called and they in turn contacted similar centres in Zurich, Munich and also New York. Our doctor was advised to try some experiments by himself. So he did: he combined an old Cypriot household remedy with a local anaesthetic for fighting the pain. The folk-medicine method used — cupping glass — is well-known in the naturopathy of all countries and Captain Schoepl is very familiar with this topic, as he is with acupuncture and hypnosis. His method succeeded, the patient improved and twenty-four hours later he was all right again. This new method of treatment was reported to Vienna.

It is a pity that the six-month tour of duty of this experienced doctor will be over very soon, and when this issue is published Captain Schoepl will be back in Austria. Captain Sobotka will have replaced him as SMO and a new young doctor will be the new "junior".

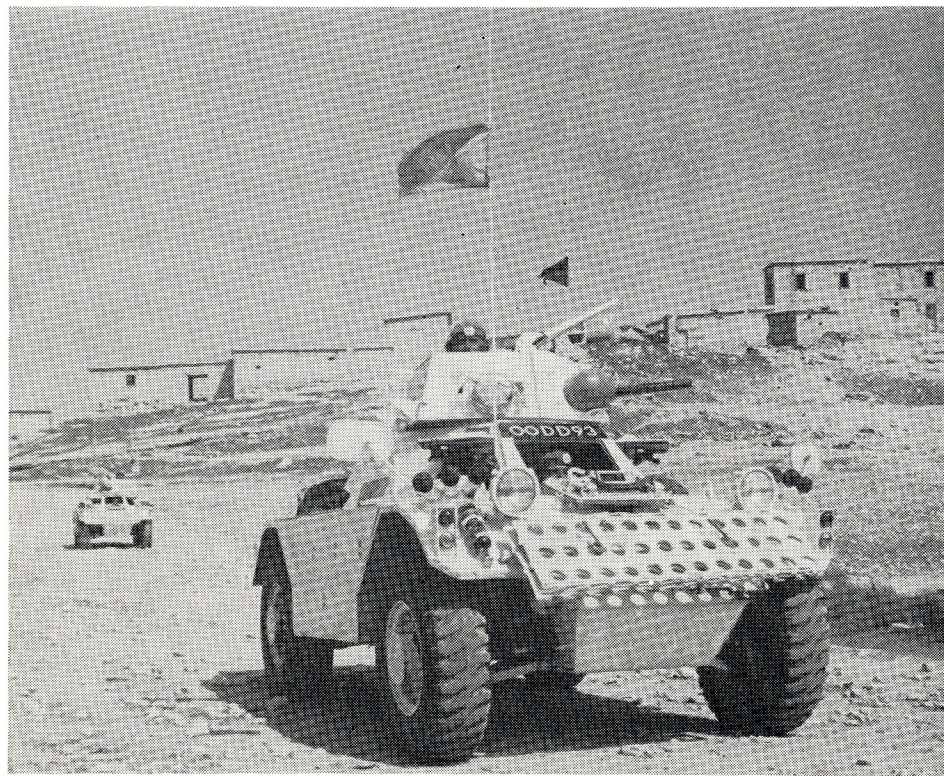
But I should not mention only the doctors: there is the whole crew of AUSCON's Medical Centre which supports the two doctors — two senior NCO's or WO's and four Corporals or Privates. One of the senior NCO's is our health inspector and the other is responsible for running the medical station. They all help together and do their best — like every Austrian soldier does.



Captain Schoepl receives the Force Commander's commendation for his actions in saving the life of the soldier described in the article.



UNFICYP SCOUT CAR SQUADRON



CoH Morgan and Tpr Hiscock of 4 Troop at Petrophani, Sector 5.



LCpl Parker in the lead in the 3 tps race to the firing point for the .30 Browning 'Falling Plate Shoot'

By Major T J Sullivan

B Squadron, The Blues and Royals assumed the role of UNFICYP Scout Car Squadron from A Squadron, The Blues and Royals, on Thursday 12 August 1982. Although in the last two years it is the third Sabre Squadron of the Regiment to serve in the role in UNFICYP, B Squadron is not new to Cyprus, having done a UN tour in 'Ferrets' in 1972/1973 based at Gleneagles Camp (now Camp Maple Leaf) and a British emergency tour in 'Scorpion' based at Dhekelia during the emergency in 1974. Many Senior Non-Commissioned Officers still serving in the Squadron have served on both these previous tours and some ten soldiers served as part of a B Squadron troop which came with C Squadron two years ago.

The Blues and Royals were formed on 29 March 1969 from an amalgamation of two of the oldest and most famous Cavalry Regiments of the British Army, The Royal Horse Guards (The Blues) and The Royal Dragoons (1st Dragoons). So the Regiment's roots go back a long way to when 'The Blues' were raised in 1650 and 'The Royals' were raised in 1661 as a Cavalry Troop for the defence of Tangiers. Together with The Life Guards, they form the Household Cavalry. Today the Regiment is stationed at Windsor, near London and is an Armoured Reconnaissance Regiment, with the United Kingdom Mobile Force, equipped with Combat Vehicle Reconnaissance (CVR).

In the Regiment, B Squadron is a Medium Reconnaissance Squadron (Brigade level reconnaissance) equipped with the tracked variants of CVR, (Scorpion, Scimitar, Spartan etc). This role has led to a fair share of travel for the Squadron. Last year the Squadron exercised in Zeeland, Denmark, did a month's exchange with a 'Sheridan' Tank Company of the 4/68 Armor of the 82nd Airborne Division at Fort Bragg, North Carolina, and this year sent two 'Scorpion/Scimitar' Troops, as part of 3 Commando Brigade, to the Falklands.

Now as the UNFICYP Scout Car Squadron, converted to wheels with the Mark 2 Ferret Scout car, the Squadron is based in the UNPA, Nicosia. Organised into six Sabre troops, each of one officer, one Corporal of Horse and eight junior ranks, and equipped with four 'Ferrets',



B SQUADRON THE BLUES AND ROYALS



Photographs by Sergeant Frank Voice

the Squadron supports all five Sectors. Three of these troops live at an 'out station'; the Sector 1 Troop has a 'villa' with B Company at Skouriotissa, the Sector 5 Troop has a 'bungalow' at Athienou with 2 Company and the Sector 6 Troop shares 'The Carton Factory' with a platoon of 1 Company at OP A20. The remaining Ferret troops are based with the rest of the Squadron in the UNPA. Troops spend a month under operational control of each Sector in rotation but also get a period off sector operations when they do a full maintenance programme on the vehicles, cover as the 'Squadron Standby Troop' and get some leave. When required, the Squadron can be reconstituted and with the addition of two multi-national infantry platoons, formed into the UNFICYP Reserve, a mobile force which can be deployed by the Force Commander to any part of the UNBZ. In emergencies '7 Troop' can be formed, commanded by the Officers' Mess Corporal of Horse and drawn from the base Camp personnel. This troop has already seen a week's service with Sector 4 during their rotation in late September.

Not to be forgotten are the Administrative or Support Troops also based in the UNPA camp. 'G' Troop has all the operators who run the Operations Room in the JOC and who man the Squadron's field Headquarters on the deployment of the UNFICYP Reserve. 'A' Troop includes the Clerks, and Officers', Warrant Officers' and Corporals' of Horse Mess staffs, medical orderlies and the pay Lance Sergeant. 'Q' Troop has all the many storemen for both the Technical and Maintenance Stores. MT Troop provides the drivers for the stores vehicles, land rovers and the mini-bus. Finally the 'Fitter Troop' maintains and repairs the vehicle fleet which can be quite a task, since all the Squadron's Ferrets were made well over 20 years ago (the oldest, the Squadron Leader's, was accepted into service in 1954, although it was rebuilt and modified in 1963!)

Looking into the future, on completion of the UNFICYP tour the Squadron will start conversion training for the Regiment's forthcoming move to Germany and re-role in the spring of 1984 to an Armoured Regiment equipped with the Chieftain Main Battle Tank.



LCoh Henney of 5 Troop on patrol in Sector 2.



Tpr Schofield - firing the Ferret Scout Car main armament in the ground role.



UNFICYP RELAY ORIENTEERING COMPETITION 1982

Results of the competition which took place in Dhekelia on 14 September 1982 were as follows:

Championship Class A

1.	SWEDCON A	2.39.19
2.	BRITCON A	2.44.48
3.	BRITCON B	2.50.22
4.	UN MP	3.02.53
5.	SWEDCON C	3.24.30
6.	DANCON B	3.45.28
7.	AUSCON B	3.52.51
8.	SUPPORT REGT A	4.03.33
9.	BRITCON C	4.16.25
10.	DANCON A	4.32.05
11.	UN POLICE	4.32.46

Championship Class B (over 35)

1.	SWEDCON D	3.38.32
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SWEDCON Chief of Staff, Major Christer Franzen, presents the winning Swedish team with their gold medals. Left to right, Private Gustavsson, Private Nilsson and 2nd Lt Svensson.

THE CARTER FLOODLIT TROPHY FINAL 26 SEP 82

Report by Sgt S Ekberg

Teams

RAF AKROTIRI A

1 P	Mason
2 P	Eusman
3 K	Dunderdale
4 P	O'Hara
5 W	Young
6 K	Pirie
7 A	Graves
8 D	Jack
9 P	Pretty
10 F	Chapman
11 W	Daniels
12 C	Benn
13 N	Kirkman

Manager: D Finlayson

Referee: Pat Long

Linesmen: Bill Jones and Wilbur Wright

The Carter Floodlit Trophy Final was played at Royal Air Force Akrotiri Sports Stadium on 26 Sep 1982 between RAF Akrotiri A's and UN Universals and it proved to be a thoroughly exciting final.

The first few minutes of the game resulted in the usual settling down period, with the play moving from end to end. Opportunities for goals were missed by both teams in these early stages but the game soon generated into a reasonably fast skilful match with both teams playing clean attacking football. This proved to be the pattern of the game throughout.

An elementary handling mistake by the Universals' goalkeeper in the 22nd minute allowed a very agile Chapman to tap home the first goal for Akrotiri.

UN UNIVERSALS

1 F	Rantow
2 P	Wallender
3 H	Schmidt
4 T	Smith
5 L	Larsson
6 G	Anderson
7 K	Kriestenson
8 G	McCallister
9 R	Kinblad
10 P	Sundin
11 S	Dempsey
12 B	Persson
13 B	Perry (Manager)

Undeterred by this, the Universals consistently attacked the Akrotiri goal and in the 39th minute pressed home an attack from a midfield free kick with a pile-driving right footer from their Number 4, Smith.

With the break over, Akrotiri kicked off and once again attacks were made on both goals, the play moving from end to end with good exciting football. But a foul in the Universals' goal-mouth left Akrotiri's Number 8, Jack, the simple task of converting a penalty. This he did with remarkable ease, sending the ball low and left, leaving the score line now at 2-1 to Akrotiri.

The Universals came back once again with more pressure on the Akrotiri goal. By the 62nd minute, after both teams had made their match substitutions, a terrific goal mouth scramble combined with a defensive error by Akrotiri, saw a misheaded ball by an Akrotiri defender give the Universals their equaliser 2-2.

Now enjoying a rebalanced game, the Universals fought well against a newly determined line of forwards in the Akrotiri team. Akrotiri's determination bore fruit halfway through the second half with a neatly headed goal by Chapman making it his second of the match.

This seemed to steel Akrotiri on to even greater things albeit that by now all twenty-two men on the field were feeling tired. Akrotiri found the upper hand again when in the 75th minute substitute Daniels made the score 4 - 2.

There was no way out for the Universals then and despite many valiant attacks Akrotiri's defence tightened and the goalkeeper Mason was up to each challenge before the last fifteen minutes slowly ticked away.

Despite the final 4 - 2 score line to Akrotiri both managers agreed that the game was always a fairly even match with each team seizing the chances as they appeared.



INTERNATIONAL COOKBOOK



TUCK FROM DOWN-UNDER

By Inspector Mark Anstee

This month's recipes have an Australian flavour to them, and the two given below would be popular at a dinner party.

COOTAMUNDRA COOKED CHICKEN AND ALMONDS

- 1 small chicken
- 1 tablespoon oil
- 1 medium onion, sliced
- 1 large capsicum, sliced, seeds removed
- 3/4 pint chicken stock
- 3 level tablespoons cornflour
- 1 level dessertspoon sugar
- 1 dessertspoon water
- 1 dessertspoon sherry
- 1 dessertspoon soy sauce
- sprinkle Monosodium Glutamate
- 3 oz blanched almonds
- 1 level dessertspoon lard

Cook the chicken until tender in a saucepan with a small quantity of water and 1 large sliced onion (approximately 1 1/2 hours). Cool the chicken stock and remove the fat. Take flesh from chicken and cut into long strips. Heat

the lard in a small pan over low heat and fry the almonds until golden, drain on paper. Melt the oil in a pan and fry the chicken pieces and drain. Fry the capsicum and onion until soft (using an extra dessertspoon oil). Add the chicken stock and simmer for five minutes. Stir in the cornflour and sugar blended with

sherry and water. Add the chicken and soy sauce. Reheat, sprinkle with a little Monosodium Glutamate, serve topped with sautéed almonds.

WAGGA WAGGA PAVLOVA WITH PASSIONFRUIT

- 6 egg whites
- 12 oz castor sugar
- very small teaspoon vanilla
- very small teaspoon cream of tartar
- 2 teaspoons cornflour
- pinch salt
- passionfruit
- whipped cream

Beat egg whites for a few minutes, add sugar and beat until stiff. Then add other ingredients. Put half mixture onto waxed paper and round off with a knife. Repeat with other half of mixture. (This recipe makes two pavlovas). Cook in preheated oven 300°C. Leave for two to three minutes then turn off. After half an hour turn oven onto 200°C and turn pavlovas round. Leave for five minutes. Turn off and cook for a further half hour. Turn onto warm plates. When cool fill with whipped cream and passionfruit.



ROAD SAFETY YEAR 1982



Military accidents were contained to fifteen in October and there were no serious injuries. Minor injuries continued to mount, however, and many were sustained in the ten accidents involving private vehicles. Twenty-five accidents during the month compares with thirty-two in October 1981, a smaller saving than has been made recently. Many of the private accidents were seemingly unavoidable but reinforced the motto, 'Expect the unexpected'. A big effort is needed by all to make a satisfactory end to Road Safety Year by providing some low figures for the last two months of the year. The following units succeeded in staying within their 50% accident ceiling:

SECTOR 1

SECTOR 4

SECTOR 6

SP REGT

AUSTCIVPOL

SWEDCIVPOL

CIVILIAN STAFF

Speeding remains the biggest single cause of UNFICYP accidents. Speeding doesn't mean only staying within advertised speeding limits but also driving at a speed appropriate to the conditions. In Nicosia, on the patrol track, and even sometimes on apparently open roads, this can often mean very slowly indeed.

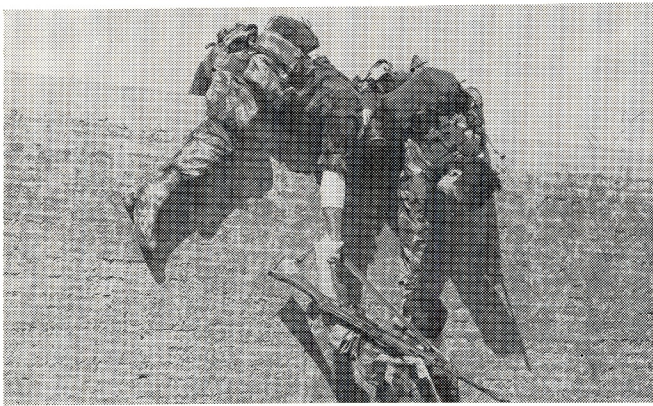
DON'T JOIN THE STATISTICS

MILITARY SKILLS

The Military Skills Competition took place on 20-21 October at Dhekelia ranges. The competition, which was divided into three phases, included in Phase 1 map-reading, estimation of distance, driving skills and first aid. Phase 2 included night navigation, and night observation. The final phase involved the teams undertaking the obstacle course, a forced march and finally a shooting competition. The final phase turned out to be the most exciting with the team from B Squadron The Blues and Royals, led by Lt Harry Sutherland, obtaining maximum points and forcing the Glosters into second place when

Team	PHASE 1				PHASE 2			PHASE 3			
	Map Reading	Est of Distance	Driving Skills	First Aid	OP	Navex	Ni Obs	Obstacle	March	Shoot	Points
1 Sect 2 Team B	34	31	40	69	92	60	60	100	160	110	756
2 Sect 1 Team A	16	20	45	49	68	0	58	60	0	127	443
3 Sect 2 Team A	35	10	40	71	W.D.		W.D.		W.D.		W.D.
4 Sect 4 Team B	5	22	40	62	78	20	59	W.D.		W.D.	
5 Sect 5 Team B	17	20	45	55	69	30	57	66	50	97	506
6 Sect 1 Team B	25	30	45	61	79	0	62	91	10	101	504
7 Sect 5 Team A	7	35	45	52	76	0	47	54	120	148	584
8 Sect 6 Team A	5	10	50	58	78	20	63	53	0	127	464
9 Sect 4 Team A	35	10	45	64	71	0	57	33	210	58	583
10 Sect 6 Team B	25	25	40	42	76	0	36	16	0	37	297
11 Scout Car Sqn	15	41	40	68	76	0	61	92	250	150	793
12 MP Coy	26	16	45	70	85	0	65	58	0	148	513
13 Supt Regt Team A	10	2	40	53	71	0	55	3	0	57	291
14 Supt Regt Team B	25	11	40	62	81	0	69	52	W.D.		W.D.

it looked very likely that they had a good chance of winning.



COMPETITION 20-21 OCT 82



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Pte Peter Dahl and WO 2 Lars Gillen "protected" 2nd Lt Maj-Britt Funkqvist at the party after the Swedish Contingent's Medal Parade. The two soldiers are dressed in old Swedish cavalry uniforms.



CANADIAN DEPUTY CHIEF OF DEFENCE STAFF VISITS CANCON SECTOR FOUR
Vice-Admiral D N Mainguy, CMM, CD, visited Sector Four from 11 - 14 October 1982. Private Hicks, CML Company, briefs the DCDS at OP LIZARD, C 47 while Major V Kennedy, OC CML Company and Major L Grimshaw DCO of 2 PPCLI look on.



Lt Gen Nils Sköld, Commander-in-Chief Swedish Army, visited UNFICYP where he met the Force Commander and other senior staff officers. In the picture he inspects the Guard of Honour, accompanied by the Force Commander.

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AUSTCIVPOL MEDAL PARADE
The Force Commander, assisted by his Aide-de-Camp, presents a medal to Inspector Doug Hair. The picture also shows Inspector David Bennett waiting to receive his medal.



Brig Gen S Casey visited HQ UNFICYP on 8 October, during which he met the Force Commander and Irish officers serving with UNFICYP. In the picture he is seen talking with Chief of Staff and Commandant John Murray, Commander Irish Contingent.



Air Chief Marshal Sir David Evans GCB CBE visited UNFICYP on 26 October. In the picture Major Tim Sullivan OC B Sqn The Blues and Royals briefs the Air Chief Marshal on the patrol.



UN NEWS



MEDAL PARADES



SWEDCON

Right:

"On stage" for the first time in their lives. Fifteen rifle-men from SWEDCON gave an impressive performance, during the night of the Swedish Contingent's Medal Parade.



Below:

The Force Commander presented the UN Medals to the Austrian Contingent on 22 October.

AUSCON



254 SIG SQN

Chief of Staff, Brigadier General C W Hewson congratulates Corporal Coates, having already presented medals to Canadian Privates Armstrong and Burton.

